

Ecological Indicators

Effectiveness of different metrics of Floristic Quality Assessment: the simpler, the better?

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Abstract:	<p>Vascular plants are good environmental indicators. Thus, floristic inventories have a high potential in environmental management since they reflect the current and past status of the environment. In this study, we used the flora of a suburban riverscape in central Italy to test the performance of the Floristic Quality Assessment (FQA) approach, an expert-based evaluation technique. Ten expert botanists assigned coefficients of conservatism (CC) to 382 plant species. We found statistically significant differences between the values assigned to the inventoried flora by botanical experts. In spite of this, the analysis of pseudo multivariate dissimilarity-based standard errors of CC values assigned by the different experts revealed that, in our case, an assessment by a minimum of five botanists allows characterizing the flora with a stable level of precision. We used the distance from agricultural/urban surfaces as a proxy of anthropogenic disturbance to divide the area around the river in four belts of increasing disturbance. The disturbance gradient was mirrored by median CC values and by the Adjusted Floristic Quality Assessment Index (Adjusted FQAI). Conversely, the Floristic Quality Assessment Index (FQAI), which is based on CC values and on the number of native species, showed increasing values with increasing disturbance. Comparing the performance of median CC values to Ellenberg Indicator Values (EIVs), life forms, and chorotypes, we revealed that the last three indicators may be ineffective in highlighting the conservation status of the environment. We suggest that the use of the median CC values may be a simpler and effective alternative to the calculation of indices in FQA, when the adequacy of the number of experts in minimizing the variability of CC values is a posteriori verified.</p>
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Highlights

- Floristic Quality Assessment (FQA) is popular to assess habitat integrity.
- Five experts stabilize the precision of the Coefficients of Conservatism (CC).
- The Floristic Quality Assessment Index (FQAI) gives biased results.
- Median CC values and Adjusted FQAI are consistent with a disturbance gradient.
- CCs are better than Ellenberg values, life forms and chorotypes in FQA.
- We suggest to use median CCs instead of indices in FQA.

1 **Effectiveness of different metrics of Floristic Quality Assessment: the simpler, the better?**

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24

25 **Abstract**

26 Vascular plants are good environmental indicators. Thus, floristic inventories have a high
27 potential in environmental management since they reflect the current and past status of the
28 environment. In this study, we used the flora of a suburban riverscape in central Italy to test the
29 performance of the Floristic Quality Assessment (FQA) approach, an expert-based evaluation
30 technique. Ten expert botanists assigned coefficients of conservatism (CC) to 382 plant
31 species. We found statistically significant differences between the values assigned to the
32 inventoried flora by botanical experts. In spite of this, the analysis of *pseudo* multivariate
33 dissimilarity-based standard errors of CC values assigned by the different experts revealed that,
34 in our case, an assessment by a minimum of five botanists allows characterizing the flora with
35 a stable level of precision. We used the distance from agricultural/urban surfaces as a proxy of
36 anthropogenic disturbance to divide the area around the river in four belts of increasing
37 disturbance. The disturbance gradient was mirrored by median CC values and by the Adjusted
38 Floristic Quality Assessment Index (Adjusted FQAI). Conversely, the Floristic Quality
39 Assessment Index (FQAI), which is based on CC values and on the number of native species,
40 showed increasing values with increasing disturbance. Comparing the performance of median
41 CC values to Ellenberg Indicator Values (EIVs), life forms, and chorotypes, we revealed that
42 the last three indicators may be ineffective in highlighting the conservation status of the
43 environment. We suggest that the use of the median CC values may be a simpler and effective
44 alternative to the calculation of indices in FQA, when the adequacy of the number of experts
45 in minimizing the variability of CC values is a posteriori verified.

46

47 **Keywords** aquatic habitat · biodiversity · coefficient of conservatism · environmental quality
48 · FQAI · river ecosystem

49

50 **Introduction**

51 Vascular flora is a very effective bioindicator (Zonneveld 1983). Accordingly, floristic
52 inventories can be highly useful to evaluate the ecological status of ecosystems (Groen et al.
53 1994; Bonari et al. 2021a; Zhang et al. 2021). Directly and indirectly reflecting environmental
54 processes, vascular plant species can be used as a global indicator of the current and past status
55 of the environment (Odland 2009; Hájek et al. 2020). Floristic inventories are lists of plant
56 species occurring at a given location, thus providing only qualitative information about the
57 composition of a flora. Such information complements ecological studies, e.g., plot-based
58 probabilistic surveys, since it describes more thoroughly the existing species pool by detecting
59 rare species or repeating observations in different seasons (D'Antraccoli et al. 2020; Alba et al.
60 2021).

61 Using vascular plants as indicators of environmental quality implies the characterization of
62 species tolerance to human disturbance and habitat alteration. Indicators such as Ellenberg
63 values (EIVs), life forms, and chorotypes are often used for this purpose. EIVs attribute to plant
64 species numerical values based on their ecological requirements in terms of light, temperature,
65 continentality, moisture, soil reaction, and nutrients (Ellenberg 1974) and can be used to
66 provide information on habitat quality, e.g. after alteration by organic pollution (Dieckmann
67 2003). For instance, the EIV for nutrients can indicate habitat quality assuming that nitrogen
68 deposition in the environment increases as a consequence of anthropogenic activities (Testi et
69 al. 2012). A decrease of light-requiring species across years might indicate shrub encroachment
70 and habitat loss in grasslands, while increasing light and temperature can be related to
71 biological invasions, as alien plants tend to establish in well-lit and warm places (Godefroid
72 2001; Boch et al. 2019). Functional attributes like life forms can be also related to
73 anthropogenic disturbance and environmental quality (Lavorel et al. 1997). The life form of a
74 plant is usually associated with a different tolerance to disturbance, with annual species often
75 indicating more disturbed ecosystems (Del Vecchio et al. 2016; Fried et al. 2022). Finally, the
76 analysis of plant chorotypes is traditionally used to relate floristic data to the status of the
77 environment, assuming that species with wider distribution ranges and aliens are more tolerant
78 to human disturbance (Salinitro et al. 2018). However, the changes in quality of communities,
79 habitats, and ecosystems induced by human disturbance are difficult to quantify and to
80 disentangle from natural processes. Thus, these indicators might not always be successful in
81 assessing environmental quality (Sebald et al. 2021; Midolo et al. 2022).

82 Targeting the description of habitat quality through vascular flora, the hemeroby and the
83 Naturalness Indicator Value (NIV) systems have been developed in Europe (Jalas 1955;
84 Borhidi 1995). Both hemeroby and NIV assign to plant species an expert-based value
85 expressing their degree of linkage with human-altered environments. However, they are either
86 geographically limited (e.g., NIV) or possibly lacking in methodological clarity and
87 consistency (e.g., hemeroby) (Zinnen et al. 2021a). Recently, disturbance indicator values for
88 the European flora have been calculated (Midolo et al. 2022). Such indicators classify plant
89 species according to their tolerance to disturbance regardless of the anthropogenic or natural
90 nature of such disturbance, and are thus not focused on the assessment of environmental
91 quality.

92 One of the most used expert-based techniques to assess anthropogenic disturbance and habitat
93 integrity through plant species is the Floristic Quality Assessment (FQA) (Swink and Wilhelm
94 1979; Zinnen et al. 2021a). According to this index, coefficients of conservatism (CC) values
95 are assigned to each species by botanical experts. Such coefficients range from 0 to 10 based
96 on species fidelity to certain habitats and to their tolerance to disturbance (Taft et al. 1997;
97 Andreas et al. 2004). Based on mean CC values, the Floristic Quality Assessment Index (FQAI)
98 is calculated. The index is based on native vascular plant species richness and on their mean
99 CC to estimate habitat quality (Swink and Wilhelm 1979, 1994; Miller and Wardrop 2006;
100 Zinnen et al. 2021a). Assuming that fewer native species indicate a greater environmental
101 disturbance, alien species are not used to calculate the FQAI (Fennessy et al. 1998; Kutcher
102 and Forrester 2018). In recent years, a new "Adjusted FQAI" index was developed to include
103 alien species (Miller and Wardrop 2006; Raab and Bayley 2012; Ghoraba et al. 2021).
104 Differently from the FQAI, which does not have an upper limit, the Adjusted FQAI ranges
105 between 0 and 100.

106 There are still several unresolved issues about the application of FQA. The subjectivity of CC
107 assignments is one of the main reasons for critique (Landi and Chiarucci 2010; Spyreas 2019).
108 However, CC values were proved to be effective even if subjectively assigned (Matthews et al.
109 2015). Moreover, when a high number of experts is involved, the FQA approach is effective to
110 assess ecosystem integrity and especially to highlight gradients of anthropogenic disturbance
111 and the success of ecosystem restoration (Taddeo and Dronova 2018; Spyreas 2019; Haq et al.
112 2022). In fact, the more experts are included the better is the possibility to moderate outliers
113 (Delbecq et al. 1975; Matthews et al. 2015). Nevertheless, there is no indication on which is

114 the adequate number of experts needed to minimize the inter-expert variability and maximize
115 the overall precision of CC values, or such indications are vague and not derived by objective
116 estimates (Spyreas et al. 2019). The adequacy of sample size, e.g., the minimum number of
117 experts required in FQA, is case-dependent, and needs to be *a posteriori* evaluated each time
118 after sampling (Anderson and Santana-Garcon 2015; Maccherini et al. 2020). In spite of this,
119 no study has measured the precision reached by CC values in relation to the number of experts
120 involved. Another weakness of FQA is the use of mean CC values. In fact, since CC values are
121 expressed in an ordinal scale, making arithmetic operations is mathematically incorrect.
122 Appropriate statistics should be used instead, e.g., median values (Landi and Chiarucci 2010).

123 Despite the FQA approach was widely proved to be effective in assessing habitat integrity
124 (Spieles et al. 2006; Cretini et al. 2012; Taddeo and Dronova 2018; Zinnen et al. 2021a), there
125 is contrasting evidence on which metric gives the best results between CC values, FQAI, and
126 Adjusted FQAI (Miller and Wardrop 2006; Maginel et al. 2016; Bell et al. 2017). Thus, in this
127 study we applied the different metrics used in FQA to the flora of a suburban riverscape in
128 Tuscany (central Italy), along a gradient of human disturbance. Our aims were: a) to calculate
129 how many botanists are needed to assign CC values to a flora with a stable level of precision;
130 b) to assess the effectiveness of median CC values compared to that of EIVs, life forms, and
131 chorotypes in highlighting floristic quality; c) to compare the performances of median CC
132 values, FQAI, and Adjusted FQAI in highlighting changes of floristic quality along a
133 disturbance gradient.

134

135 **Materials and methods**

136 **Study area**

137 Our study area is a riverscape in southern Tuscany, central Italy, in the municipality of Asciano,
138 province of Siena (WGS84: 43.235519N, 11.561644E; Fig. 1). Elevation is about 200 m a.s.l.
139 The Bestina river and its tributary Bestinino run alongside the urban center, where most of the
140 settlements are situated. The bioclimate is transitional between Mediterranean and temperate
141 sub-Mediterranean. The thermotype is lower mesotemperate and the ombrotype is upper
142 subhumid (Pesaresi et al. 2017). Geology is mainly characterized by sandy alluvial deposits,
143 especially near the Bestina river, and by Pliocene sands in upland areas. Travertine outcrops

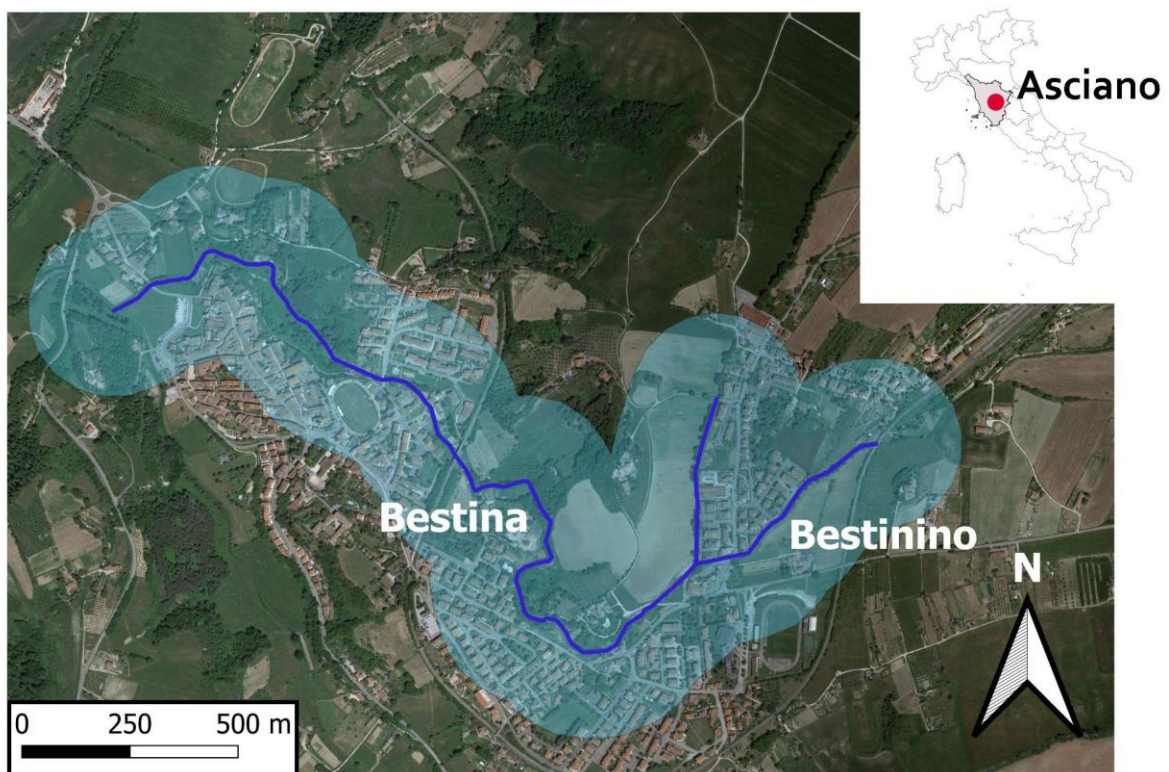
144 are common along the watercourses (Tuscany Region 2021). The landscape is characterized
145 by a mosaic of cultivated fields, residual woods, small streams, and built surfaces.

146 Aquatic and hygrophilous vegetation is mostly represented by communities in a good
147 conservation status, dominated by *Callitriche palustris*, *Helosciadium nodiflorum*, *Lycopus*
148 *europaeus*, *Nasturtium officinale*, and *Ranunculus repens*. However, some vegetation types
149 rich in alien species like *Bidens frondosa*, *Paspalum distichum*, and *Xanthium italicum* are
150 present, as well as communities indicating eutrophication and pollution with *Potamogeton*
151 *crispus* and *Zannichellia palustris*. Helophytic plant communities are quite rare, but
152 represented by valuable populations of *Bolboschoenus glaucus*, *Sparganium neglectum*, and
153 *Typha latifolia*. Sometimes, aliens like *Arundo donax* and *Helianthus tuberosus* occur along
154 the riverbanks. Embankments are often covered by herbaceous nitrophilous vegetation with
155 *Convolvulus sepium*, *Equisetum telmateja*, and *Urtica dioica*. Meso-hygrophilous shrublands
156 with *Solanum dulcamara*, *Rubus caesius*, and *R. ulmifolius*, reed stands with *Arundo donax*,
157 and residual woods with *Salix alba* and *Populus* sp. pl. also occur. Fluvial terraces are
158 sometimes occupied by orchards and associated synanthropic weeds like *Euphorbia peplus*,
159 *Mercurialis annua*, and *Senecio vulgaris*. Humid and mesic grasslands rich in species like
160 *Agrostis stolonifera*, *Elymus repens*, and *Lolium arundinaceum* are common. Patches of scrub
161 vegetation dominated by *Cornus sanguinea*, *Crataegus monogyna*, *Prunus spinosa*, *Quercus*
162 *pubescens*, and *Rubus* sp. pl., and anthropogenic woods with the aliens *Ailanthus altissima* and
163 *Robinia pseudoacacia* are present. Upland areas are mostly under urban and agricultural land
164 use. Ruderal vegetation with *Hordeum murinum* subsp. *leporinum*, *Eragrostis cilianensis*, and
165 *Parietaria judaica* is common, and alien species like *Amaranthus* sp. pl., *Eleusine indica*, and
166 *Sorghum halepense* are present, especially in summer. Agricultural land and fallows are rich
167 in annual and perennial synanthropic herbaceous plants like *Avena* sp. pl., *Echium vulgare*,
168 *Elymus repens*. Shrublands dominated by *Crataegus monogyna*, *Ligustrum vulgare*, and
169 *Prunus spinosa* are sparsely present, as well as rare patches of woods with *Acer campestre*,
170 *Quercus* sp. pl., and *Ulmus minor*. Alien-dominated woods with *Ailanthus altissima*,
171 *Parthenocissus quinquefolia*, and *Robinia pseudoacacia* are quite frequent (Fanfarillo et al.
172 submitted). The environmental heterogeneity of the study area, which includes natural, semi-
173 natural, and anthropogenic ecosystems, makes this riverscape highly suitable to test the
174 effectiveness of the FQA approach.

175

176 **Field survey**

177 We carried out a floristic survey of the suburban part of the Bestina river, its tributary Bestinino,
178 and their surroundings in a 200 m buffer, along the stretches bordering the village of Asciano
179 (Fig. 1). Between June 2020 and June 2021, we made field excursions about twice a month in
180 spring and summer (April to September) and about once a month in autumn and winter
181 (October to March). The collected specimens are stored in the herbarium SIENA (acronym
182 according to Thiers 2022). Vascular plants were identified according to Pignatti et al. (2017-
183 2019). We used other references when needed, including Tison and de Foucault (2014) and
184 Arrigoni (2014-2020). Life forms and chorotypes follow Pignatti et al. (2017-2019). The
185 taxonomic nomenclature follows the Portal to the Flora of Italy v. 2021.2 (2022). Ellenberg
186 values were taken from Pignatti et al. (2005) or from more recent updates when available
187 (Guarino et al. 2012; Domina et al. 2018). All the floristic records were stored in the open
188 access platform Wikiplantbase #Toscana (Peruzzi and Bedini 2013 onwards).



189 **Fig 1** The surveyed stretches of the Bestina and Bestinino rivers (dark blue), the surveyed
190 surrounding areas (light blue), and location of the study area in Italy (red dot).
191

192

193 To draw a gradient of human impact and test the effectiveness of the FQA approach in detecting
194 it, we used the distance from agricultural/urban land use as a proxy of anthropogenic
195 disturbance (Ferreira et al. 2005; Halmy 2019). Accordingly, we compiled separate floristic
196 inventories for four belts around the rivers. The four belts, ordered from the least to the most
197 disturbed, were as follows:

- 198 A) Riverbed, including gravel beds;
- 199 B) Shores and inner part of riverbanks;
- 200 C) Top and outer part of riverbanks, floodplain terraces;
- 201 D) Areas located outside the direct influence of the river.

202

203 **Floristic Quality Assessment**

204 We selected 10 botanists with a high degree of expertise on the local and Italian flora, based
205 on their scientific production of the last 5 years. We asked each of them to assign CC values to
206 species recorded in the study area, according to the criteria presented in Halmy (2019) and
207 adapted to our case study (Table 1). The values were assigned individually and independently,
208 without any interaction among experts (Landi and Chiarucci 2010).

209

210 **Table 1** Criteria used to assign coefficients of conservatism (CC) values to the plant species
211 recorded in the study area (adapted from Halmy, 2019).

CC value	Criterion
0	Species not native to Italy according to the literature (Portal to the Flora of Italy 2022)
1	Species native to Italy, but not native to Tuscany region according to the literature (Portal to the Flora of Italy 2022), and species native to Tuscany but not to the study

area (escaped from cultivation)

- 2 Species native to Italy and the region, typical of areas of high disturbance and not linked to particular habitats
 - 3 Species native to Italy and the region, typical of areas of high disturbance but linked to particular habitats
 - 4 Species native to Italy and the region, typical of areas of medium-high disturbance
 - 5 Species native to Italy and the region, typical of areas of intermediate disturbance, not linked to particular habitats
 - 6 Species native to Italy and the region, typical of areas of intermediate disturbance, linked to particular habitats
 - 7 Species native to Italy and the region, typical of areas of low disturbance, but not linked to particular habitats
 - 8 Species native to Italy and the region, typical of areas of low disturbance, linked to particular habitats
 - 9 Species native to Italy and the region, typical of natural areas but very common or linked to many habitats
 - 10 Species native to Italy and the region, typical of natural areas and rare or linked to
-

212

213 The original formula [1] for the calculation of the FQAI is as follows (Swink and Wilhelm
214 1979):

215
$$[1] \text{ FQAI} = \bar{C} \times \sqrt{N}$$

216 Where \bar{C} is the mean CC value of native species and N is the number of native species.

217 However, since the CC values are expressed in an ordinal scale, it is statistically incorrect to
218 calculate the arithmetic mean. The median value should be used instead (Landi and Chiarucci
219 2010). Thus, we calculated the FQAI score for the inventoried flora according to formula [2]:

220
$$[2] \text{ FQAI} = \text{Median CC} \times \sqrt{N}$$

221 Where Median CC is the median CC value of native species and N is the number of native
222 species.

223 We also calculated the Adjusted FQAI according to formula [3], modified from Miller and
224 Wardrop (2006), in which we replaced the mean CC with the median CC:

225
$$[3] \text{ Adjusted FQAI} = \left(\frac{\text{Median CC}}{10} \times \frac{\sqrt{N}}{\sqrt{N + A}} \right) \times 100$$

226 Where Median CC is the median CC value for all the inventoried species, N is the number of
227 native species, and A is the number of alien species.

228 To test the effectiveness of median CC values, FQAI, and Adjusted FQAI, we calculated them
229 separately for the four belts around the river to highlight their sensitivity in detecting the
230 disturbance gradient. All the calculations were also made separately for each botanist, to
231 highlight possible differences.

232

233 **Statistical analyses**

234 We used a non-parametric two-tailed test such as the Kruskal-Wallis rank sum to check for
235 differences in median CC values among the experts, using the function *kruskal.test* in the
236 package *stats* (R Core Team 2020). Statistically significant differences at $\alpha < 0.05$ were tested
237 through pairwise post-hoc Wilcoxon tests (function *pairwise.wilcox.test* in the package *tydir*
238 (Wickham et al. 2020). To assess the precision associated with the number of involved
239 botanical experts, we analyzed the *pseudo* multivariate dissimilarity-based standard error
240 (MultSE) vs sample size based on Euclidean dissimilarities calculated on CC values using the
241 *multSE* function (10,000 resamples) (Anderson and Santana-Garcon 2015). The breaking point
242 of the MultSE profile was estimated using the function *segmented* in the package *segmented*
243 (Muggeo 2008). A similar approach was recently adopted by Maccherini et al. (2020) to assess
244 the minimum number of replicates necessary to adequately characterize sand dune
245 environments in terms of differences between habitats. Regardless of the result, we used data
246 by all of the 10 experts in further analyses and calculations.

247 To test the effectiveness of median CC values, FQAI, and Adjusted FQAI in highlighting the
248 disturbance gradient, we attributed a value of disturbance intensity to each belt (A = 1; B = 2;
249 C = 3; D = 4) and checked for Spearman's correlations between CC values, FQAI, and Adjusted
250 FQAI with such disturbance intensity. To compare their performance in highlighting floristic
251 quality, we tested median CC values against EIVs, life forms, and chorotypes. Namely, we
252 checked for Spearman's correlations between the median CC values of the inventoried plant
253 species and their EIVs for light (L), temperature (T), continentality (C), moisture (U), soil
254 reaction (R), and nutrients (N) (function *cor.test* in the package *stats*). We excluded the values
255 representing broad-spectrum species. For the same purpose, we calculated median CC values
256 per each life form and chorotype. Differences in median CC values between life forms and
257 chorotypes were assessed by Kruskal-Wallis two-tailed tests and Wilcoxon pairwise post-hoc
258 tests. All the statistical analyses were performed using R version 3.6.3 (R Core Team 2020).

259

260 **Results**

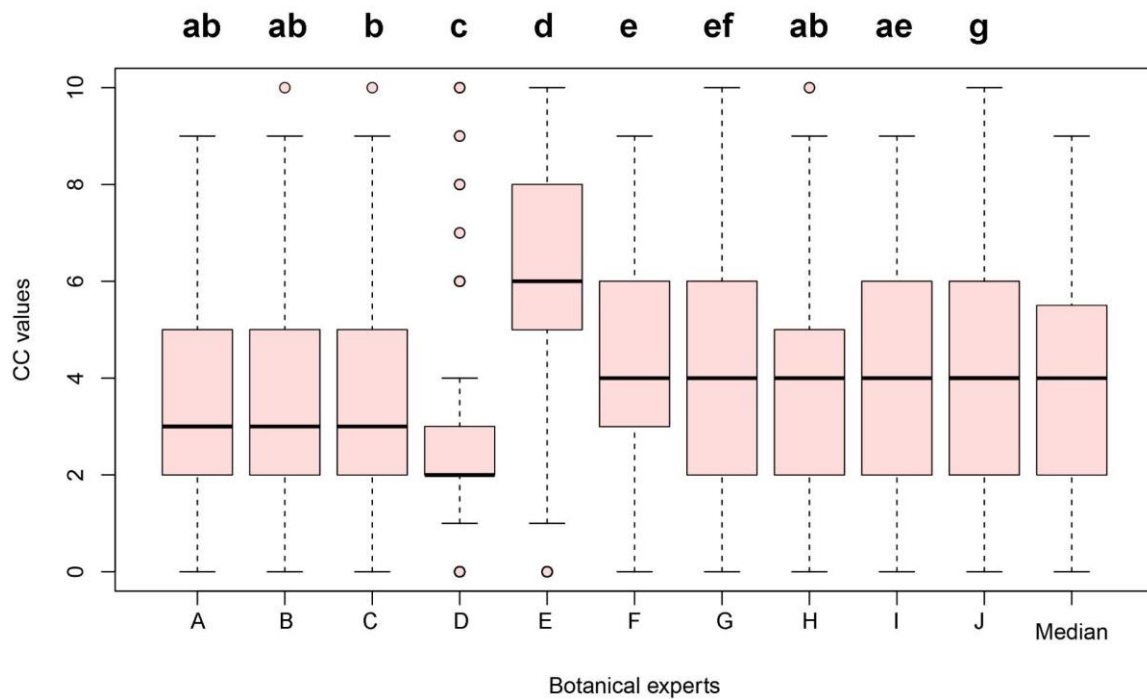
261 We inventoried 382 native plant taxa and nothotaxa (the full list with CC values, EIVs, life
262 forms, chorotypes, and the florula of each belt is available in Supplementary Information 1).
263 Non-native taxa were 49. Locally non-native taxa were 9. Most of the taxa were therophytes
264 (144) and hemicryptophytes (126), and had a Mediterranean (116), Eurasian (101) or

265 Cosmopolitan (76) distribution. Aquatic and palustrine species (Ellenberg value for moisture
266 ≥ 9) were 21. The most abundant families were Poaceae (47), Asteraceae (44), and Fabaceae
267 (29).

268

269 **Coefficients of conservatism**

270 The median CC value of the flora including all species was 4 (min 0, max 9, interquartile range
271 = 4). The median CC value of the flora including only native species was 4 (min 2, max 9,
272 interquartile range = 4). We highlighted some statistically significant differences between the
273 CC values attributed by the different experts ($\chi^2 = 659.71$, $df = 9$, $p < 0.001$), whose median
274 values ranged between 2 and 6 (Fig. 2).

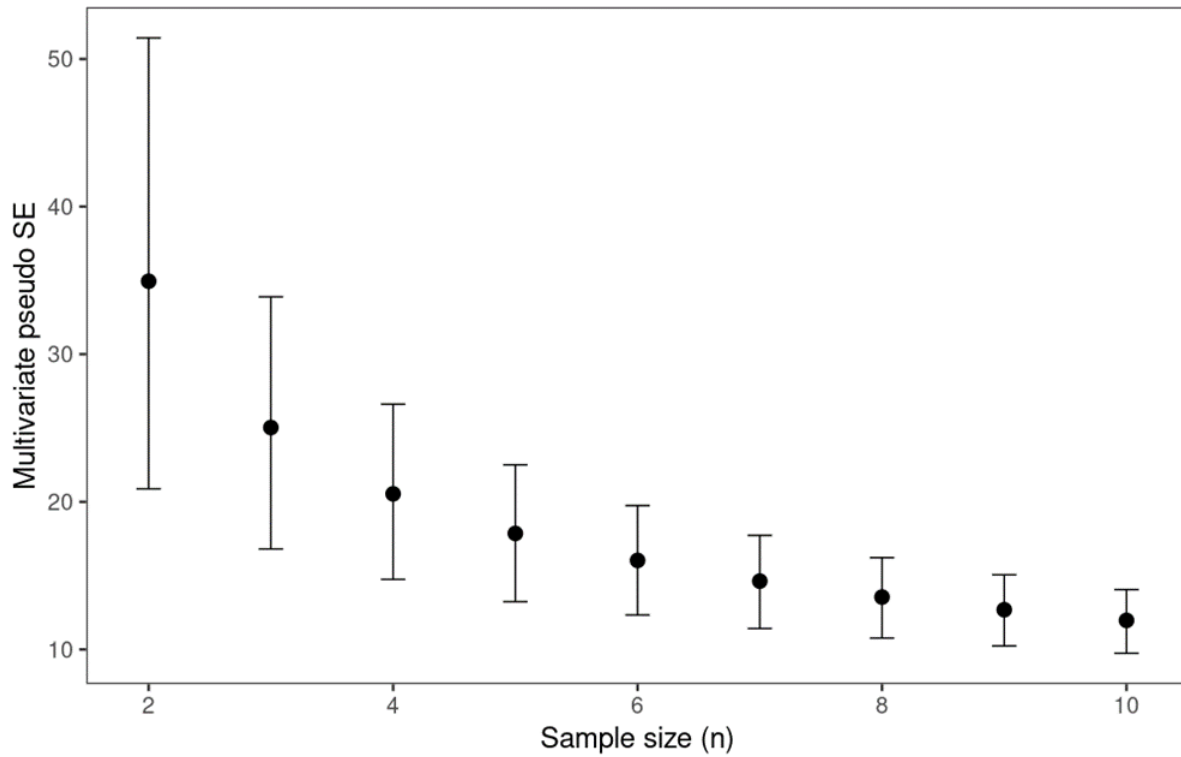


275

276 **Fig 2** Boxplots for the CC values attributed by the ten botanical experts to the 382 plant species.
277 Different letters indicate statistically significant differences at $p \leq 0.05$ (post-hoc Wilcoxon
278 test).

279

280 The *MultSE* profile (Fig. 3) revealed that, in our case, precision stabilized with a number of
281 experts between 4 and 5 (break-point estimated by the regression model with segmented
282 relationship occurred at 4.2), i.e., adding more experts, no substantial decrease in *MultSE*
283 would accrue.



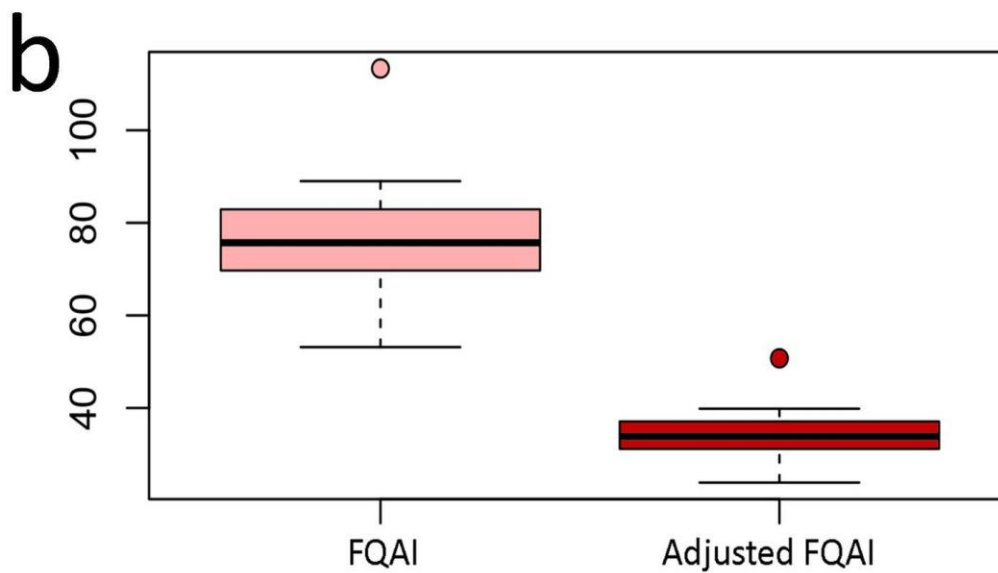
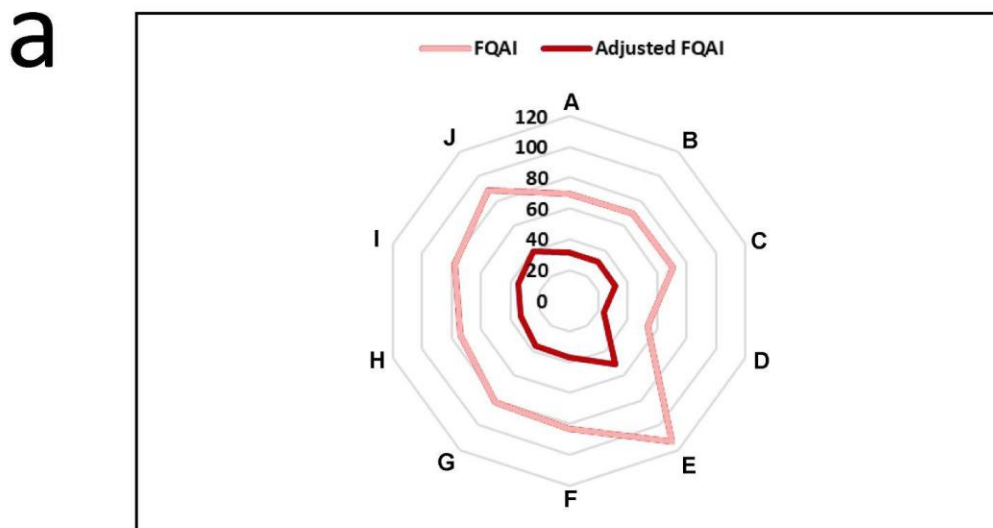
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285 **Fig 3** Multivariate *pseudo* standard error (*MultSE*) as a function of sample size (number of
286 experts) on the basis of Euclidean dissimilarities calculated on CC values using the double
287 resampling method, with permutation-based means and bias-adjusted bootstrap-based error
288 bars (with 10,000 resamples each).

289

290 **FQAI and Adjusted FQAI**

291 The values of the FQAI ranged between 36.05 and 108.16. The values of the Adjusted FQAI
292 ranged between 18.42 and 55.27 (Fig. 4a,b).



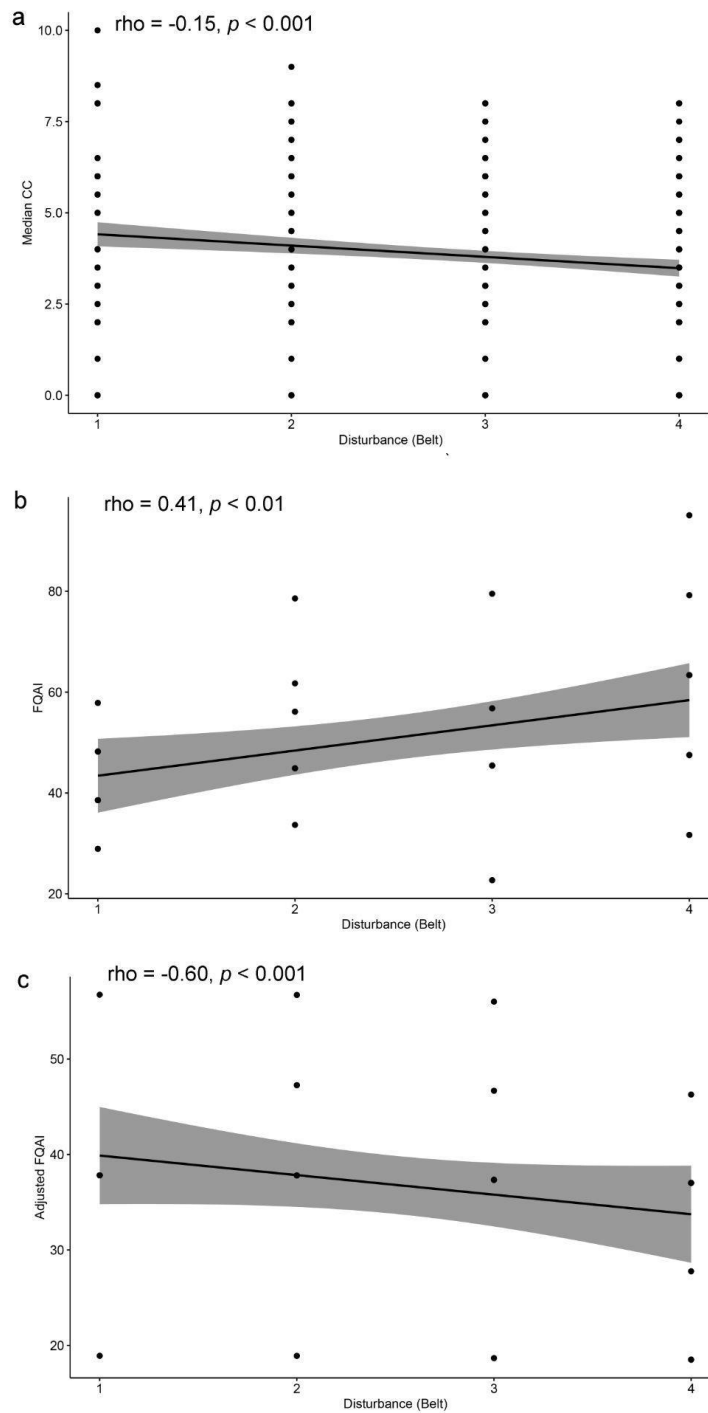
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294 **Fig 4** a) Dispersion graphic of FQAI and Adjusted FQAI values for the 10 experts (letters A-
 295 J) and b) box and whisker plots for the FQAI and Adjusted FQAI values of the inventoried
 296 flora (n = 10).

297

298 **Effectiveness of median CC values, FQAI, and Adjusted FQAI in highlighting the**
 299 **disturbance gradient**

300 The median CC values of the four belts around the river showed a statistically significant
301 negative correlation with disturbance intensity (Fig. 5a). Conversely, the FQAI and the
302 Adjusted FQAI calculated separately for the four belts around the river highlighted contrasting
303 trends in floristic quality, i.e. increasing and decreasing values with increasing disturbance,
304 respectively. Both the correlations were statistically significant (Fig. 5b,c).

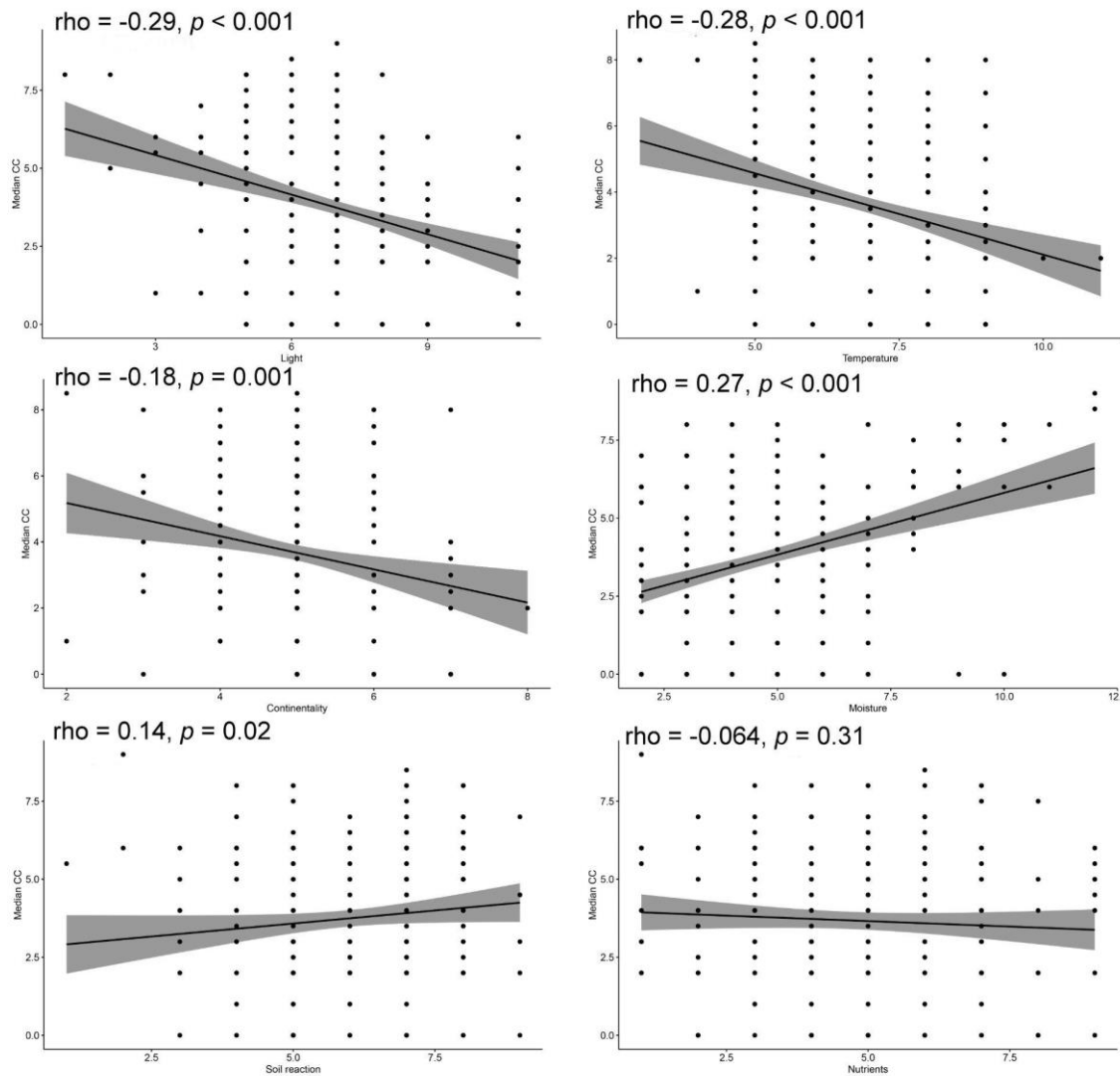


306 **Fig 5** a) Spearman's correlations of median CC values (n: 1 = 106; 2 = 142; 3 = 152; 4 = 304),
307 b) FQAI, and c) Adjusted FQAI with disturbance intensity (1 = Belt A: riverbed, including
308 gravel beds; 2 = Belt B: shores and inner part of riverbanks; 3 = Belt C: top and outer part of
309 riverbanks, floodplain terraces; 4 = Belt D: areas located outside the direct influence of the
310 river). 95% confidence intervals are represented by the gray bands.

311

312 **Relationships of median CC values with EIVs, life forms and chorotypes**

313 Fig. 6 shows the correlations between the median CC values of the detected species and EIVs.
314 We found a negative correlation of the EIVs for light, temperature, and continentality with CC
315 values. Conversely, we found positive correlations between the indexes of moisture and soil
316 reaction and CC values. No significant associations were highlighted between the indicator for
317 nutrients and CC values.

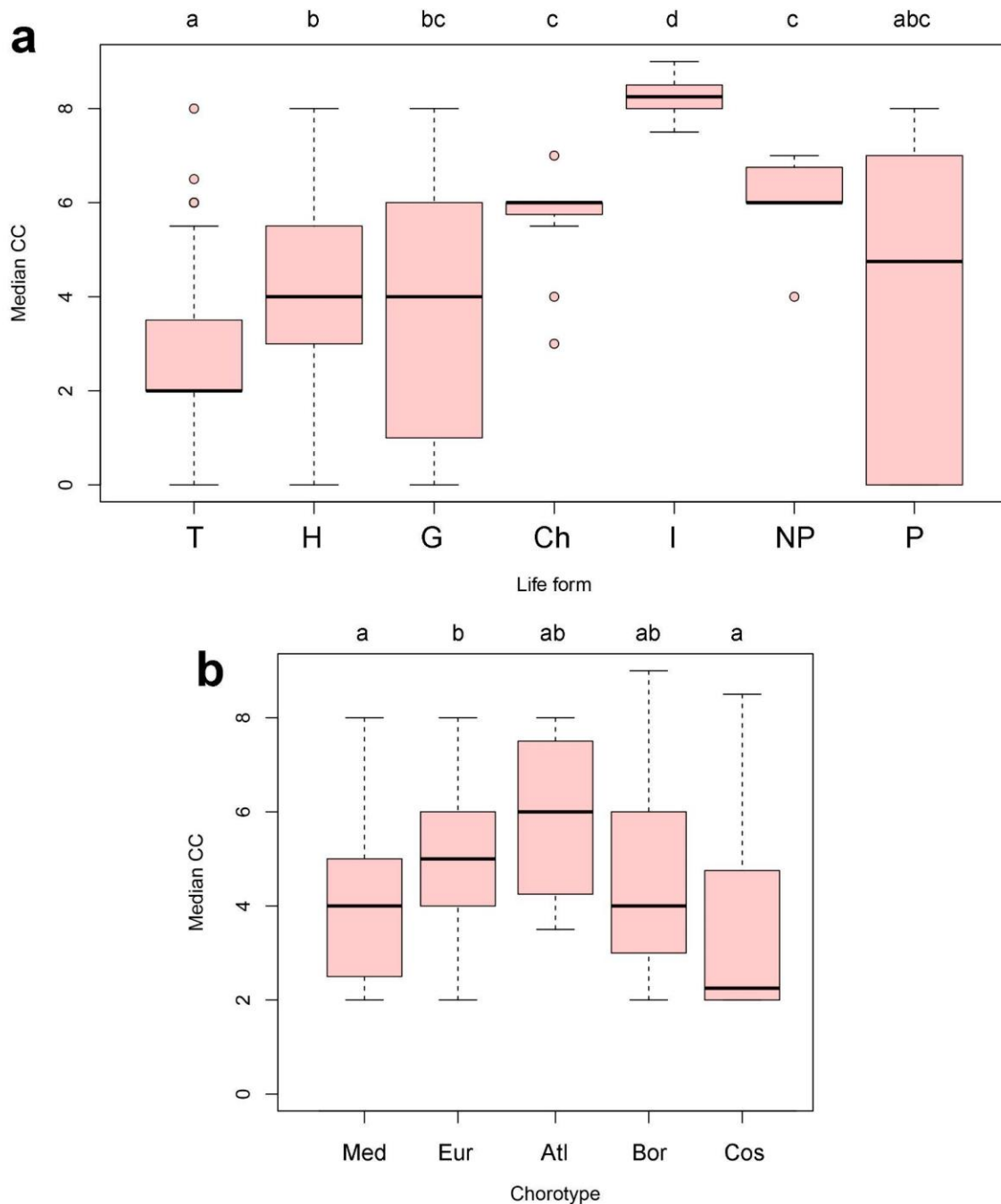


318

319 **Fig 6** Spearman's correlations between the median CC values of the 382 detected species and
 320 Ellenberg indicator values. 95% confidence intervals are represented by the gray bands.

321

322 There were statistically significant differences in median CC values between life forms ($\chi^2 =$
 323 180.9; $df = 8; p < 0.001$). Hydrophytes were the ones having the highest CC values, followed
 324 by chamaephytes and nano-phanerophytes. Therophytes showed the lowest values. A high
 325 variability in CC values was observed for geophytes and phanerophytes (Fig. 7a). Statistically
 326 significant differences in median CC values were also highlighted between chorotypes ($\chi^2 =$
 327 88.68; $df = 6; p < 0.001$). Excluding alien species, Cosmopolitan species had the lowest values,
 328 while Atlantic species had the highest values. Intermediate values were highlighted for Boreal,
 329 Eurasian, and Mediterranean species (Fig. 7b).



330

331 **Fig 7** a) Boxplots for the median CC values of the species in relation to life forms; T =
 332 therophytes (n = 144); H = hemicryptophytes (n = 126); G = geophytes (n = 42); Ch =
 333 chamaephytes (n = 12); I = hydrophytes (n = 6); NP = nano-phanerophytes (n = 8); P =
 334 phanerophytes (n = 44). b) Boxplots for the median CC values of the species in relation to
 335 chorotypes; Med = Mediterranean (n = 117); Eur = Eurasian (n = 101); Atl = Atlantic (n = 4);
 336 Bor = Boreal (n = 25); Cos = Cosmopolitan (n = 76). Categories with n = 1 (Endemic and
 337 Orophyte) and with non-variable Median CC values (Non natives) are not shown. Different
 338 letters indicate statistically significant differences at $p \leq 0.05$ (post-hoc Wilcoxon test).

339

340 **Discussion**

341

342 **Effectiveness of the coefficients of conservatism**

343 Past studies have criticized FQA since the CC values are assigned to species subjectively
344 through expert-based assessments (Taft et al. 1997; Andreas 2004; Landi and Chiarucci 2010).
345 We confirm previous findings that CC values attributed by experts are in some cases
346 significantly different (Landi and Chiarucci 2010). However, we proved how using an
347 increasing number of experts reduces the impact of the subjective assignment of CC values in
348 FQA. The *MultSE* analysis revealed that, in our case study, a number of 5 experts was enough
349 to reach a stable precision level of the CC values. Such a posteriori check of the adequacy of
350 the number of botanical experts was never carried out previously in FQA. Given that different
351 experts may provide significantly different assessments, we recommend a posteriori checking
352 for the stability of the precision of CC values in future studies. This would allow both to reduce
353 the effect of subjectivity of CC assignments and to optimize expert recruitment, avoiding
354 redundancy in their number and useless time consumption.

355

356 **Performances of FQA metrics along the disturbance gradient**

357 The median CC values highlighted a gradient of decreasing floristic quality with increasing
358 disturbance intensity, from belt A to belt D. This is consistent with the results of other studies
359 that revealed how CC values, even though mean and not median, considerably decrease with
360 increasing disturbance (Miller and Wardrop 2006; Halmy 2019). We thus confirm the
361 usefulness of CC values in spite of their subjectivity, as already highlighted through different
362 approaches (Matthew et al. 2015). The gradient of floristic quality appeared quite weak. This
363 could be due to the absence of quantitative information in our data, i.e. species abundances.
364 Probably, integrating species covers in FQA would improve the sensitivity of the approach in
365 detecting floristic quality, as evidenced by other authors (Kutcher and Forrester 2018).

366 The Adjusted FQAI also highlights a trend of decreasing floristic quality with increasing
367 disturbance. On the contrary, the FQAI was highly affected by native species richness and its

368 application resulted in a biased representation of the patterns of floristic quality that were
369 highlighted by the median CC values. Due to increasing native species richness from belt A to
370 belt D, the FQAI values increased accordingly despite the transition towards a poor-quality
371 floristic composition. Originally, the FQAI was developed assuming that a higher native
372 species richness intrinsically gives a higher conservation value to an area (Swink and Wilhelm
373 1979). However, the spread of synanthropic native plants can increase species richness after
374 disturbance (McKinney et al. 2008). The high dependence of the FQAI on native species
375 richness was the main reason motivating the introduction of the Adjusted FQAI (Miller and
376 Wardrop 2006). The need to analyze species composition to reduce the dependence of
377 ecological indexes on species richness was previously highlighted, since floristic richness is
378 not a good indicator of the status of the environment (Hillebrand et al. 2018; Fanfarillo and
379 Kasperski 2021). Our results are consistent with evidence from other studies, which highlighted
380 that the Adjusted FQAI is more effective than the FQAI in detecting disturbance gradients and
381 floristic quality (Halmy 2019; Ghoraba et al. 2021).

382

383 **Median CC values in relation to EIVs, life forms, and chorotypes**

384 Testing the median CC values against EIVs revealed that the latter, based on species ecological
385 requirements, are scarcely informative when assessing floristic quality. In particular, the EIV
386 for nutrients was ineffective in highlighting differences in conservation value between the
387 species. In our case, many species from natural (wetlands, woods) and synanthropic habitats
388 share a nitrophilous ecology (Pignatti et al. 2005). Considering that the occurrence of
389 nitrophilous species is often used as an indicator of habitat alteration (Testi et al. 2012;
390 Fanfarillo et al. 2018; Fanfarillo and Kasperski 2021), we suggest that the context-dependency
391 of this indicator is carefully taken into account in future studies. The observed correlations
392 between median CC values and EIVs are not generalizable. For instance, light-demanding and
393 thermophilous species had lower median CC values because they were mostly synanthropic
394 (e.g., *Anisantha* sp. pl., *Crepis setosa*, *Heliotropium europaeum*), in agreement with other
395 authors (Godefroid et al. 2001). High values for moisture positively correlated with median CC
396 values since aquatic species were mostly of conservation value in our study area, contrarily to
397 species of dry habitats. Such results are clearly context-dependent, and they could be very
398 different in other study areas. Plant species of conservation interest in Italy include taxa with a
399 wide range of different requirements regarding light, temperature, and moisture (Orsenigo et

400 al. 2021). We confirm previous evidence that a higher ecological specialization does not
401 correlate with higher values of conservatism in plant species, suggesting a low usefulness of
402 EIVs in assessing the conservation status of the environment (Zinnen et al. 2021b).

403 Similar considerations can be made observing the variation of median CC values in relation to
404 life forms and chorotypes. Especially regarding some life forms, median CC values had a high
405 variability. In agreement with the literature, the inventoried geophytes included both
406 synanthropic plants (*Cynodon dactylon*, *Sorghum halepense*) and species from wetlands or
407 woods (*Anemone apennina*, *Typha latifolia*) (Fanfarillo et al. 2019; Bonari et al. 2021b).
408 Similarly, phanerophytes included both invasive alien species (*Ailanthus altissima*,
409 *Parthenocissus quinquefolia*, *Robinia pseudoacacia*) and native shrubs and trees (*Acer*
410 *campestre*, *Quercus* sp. pl., *Rosa sempervirens*). Regarding chorotypes, Cosmopolitan species
411 included both synanthropic taxa (*Capsella bursa-pastoris*, *Cardamine hirsuta*, *Stellaria media*)
412 and aquatic plants with high conservatism (*Alisma plantago-aquatica*, *Nasturtium officinale*,
413 *Typha latifolia*). High variability in median CC values also resulted for Mediterranean species,
414 which can be either synanthropic or linked to natural habitats (Pignatti et al. 2017-2019). Thus,
415 we suggest that the information provided by life forms and chorotypes, which is often used for
416 environmental assessments, should be complemented with other features when aiming at
417 evaluating the conservation status of the environment through floristic quality. In our case
418 study, median CC values and the Adjusted FQAI were more adequate for such purposes.

419

420 **Conclusions**

421 Our study confirmed how the FQA approach can be a valuable method to assess the status of
422 the environment. By investigating the patterns of floristic quality along a disturbance gradient,
423 we found median CC values and the Adjusted FQAI were effective in highlighting the decrease
424 in floristic quality, while the FQAI was not. Based on our results, we suggest that the use of
425 median CC values attributed by an adequate number of experts may be better than calculating
426 indexes in FQA, since this index is simpler and equally or more effective. Moreover, CC values
427 appeared more appropriate than commonly used indicators like EIVs, life forms, and
428 chorotypes to assess environmental quality on a floristic basis. In future, similar analyses
429 should be repeated across different ecosystems to verify the consistency of the patterns we
430 observed.

431 To improve the effectiveness of the FQA by further reducing the subjectivity of the assessment,
432 standardized databases of CC values assigned by a high number of expert botanists will need
433 to be developed in future on the model of those existing for America, even to improve the
434 comparability between assessments from different geographic areas.

435

436 **Supplementary Information 1** The online version contains supplementary material available
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443

444 **Declarations**

445 **Conflict of interest** The authors declare no conflicts of interest/competing interests.

446 **Ethics approval and consent to participate** This article does not contain any studies with
447 human participants or animals performed by any of the authors.

448

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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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