

## Supplementary methods.

### *Definitions of DCM according to etiology*

Since 2005, we analyzed patients with different DCM etiology. All patients with DCM enrolled from 2005 to 2015 were classified according to the cause of the disease defined as:

Genetically determined DCM: patients with DCM and genotype positive for pathogenic or likely pathogenic variants at genetic analysis, according to American College of Medical Genetic and Genomic (ACMG) 2015 guidelines criteria <sup>1</sup>. The classification of variant considered data from international databases (ClinVar) and familial segregation studies.

Post-myocarditis DCM: patients with persistent LV dysfunction (i.e. LVEF <50%) 1 year after the diagnosis and subsequent therapy of active lymphocytic myocarditis at EMB according to Dallas Criteria and immunohistochemistry analysis <sup>2,3</sup>.

Alcohol-induced DCM: patients with DCM due to excessive alcohol intake (i.e. >80 g/day for at least 5 years) <sup>4</sup>.

Chemotherapy-induced DCM: patients underwent chemotherapy experiencing worsening LVEF >10% falling below 55% or > 5% with signs or symptoms of HF.

Tachycardia-induced DCM: patients with persistent high-rate supraventricular arrhythmias documented in the 6 months before enrolment and persistent left ventricular systolic dysfunction 6 months after the resolution of the arrhythmia.

Idiopathic DCM: patients with DCM after exclusion of other possible causes (i.e. hypertension, ischemia, valvular disease, inflammation, toxics) including a negative genetic testing.

### *Genetic testing*

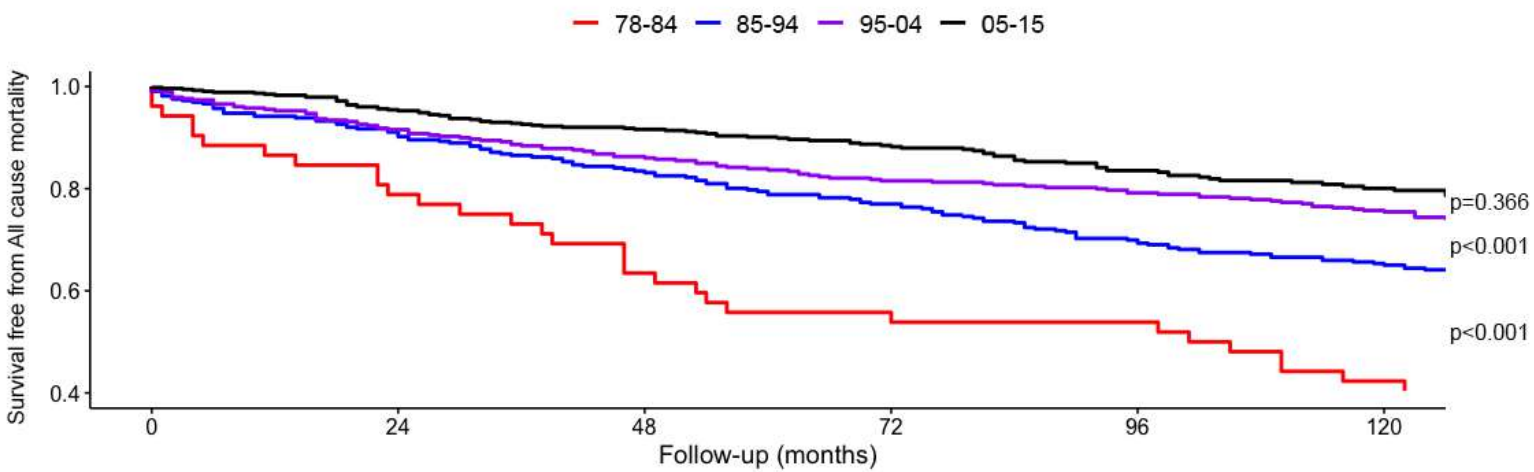
Genetic testing was done using NextGeneration DNA sequencing of multi-gene DCM panels. For this study, the DCM genes analyzed were: *ACTC1*, *BAG3*, *CTTNA3*, *DES*, *DMD*, *DSC2*, *DSG2*, *DSP*, *FLNC*, *JUP*, *LAMA4*, *LDB3*, *LMNA*, *MYH7*, *MYPN*, *NEBL*, *NEXN*, *OBSL1*, *PKP2*, *RBM20*,

*RYR2*, *SCN5A*, *TMEM43*, *TNNT2*, and *TTN*. All variants were validated with bidirectional Sanger sequencing. Gene variants were classified as pathogenic (P) or likely pathogenic (LP) using accepted algorithms including the American College of Medical Genetics and Genomics standards. (ACMG) <sup>1</sup>. In order to maintain a conservative approach, all variants of uncertain significance (VUS) were excluded from the present analysis and pathogenic variants were clustered as previously reported <sup>5</sup>.

## References

1. Hershberger RE, Givertz MM, Ho CY, Judge DP, Kantor PF, McBride KL, Morales A, Taylor MRG, Vatta M, Ware SM. Genetic Evaluation of Cardiomyopathy—A Heart Failure Society of America Practice Guideline. *J Card Fail*. 2018;24:281–302.
2. Anzini M, Merlo M, Sabbadini G, Barbati G, Finocchiaro G, Pinamonti B, Salvi A, Perkan A, Di Lenarda A, Bussani R, Bartunek J, Sinagra G. Long-Term Evolution and Prognostic Stratification of Biopsy-Proven Active Myocarditis. *Circulation*. 2013;128:2384–2394.
3. Merlo M, Ammirati E, Gentile P, Artico J, Cannatà A, Finocchiaro G, Barbati G, Sormani P, Varrenti M, Perkan A, Fabris E, Aleksova A, Bussani R, Petrella D, Cipriani M, Raineri C, Frigerio M, Sinagra G. Persistent left ventricular dysfunction after acute lymphocytic myocarditis: Frequency and predictors. *PLoS One*. 2019;14.
4. Pinto YM, Elliott PM, Arbustini E, Adler Y, Anastakis A, B??hm M, Duboc D, Gimeno J, De Groote P, Imazio M, Heymans S, Klingel K, Komajda M, Limongelli G, Linhart A, Mogensen J, Moon J, Pieper PG, Seferovic PM, Schueler S, Zamorano JL, Caforio ALP, Charron P. Proposal for a revised definition of dilated cardiomyopathy, hypokinetic non-dilated cardiomyopathy, and its implications for clinical practice: A position statement of the ESC working group on myocardial and pericardial diseases. *Eur Heart J*. 2016;37:1850–1858.
5. Gigli M, Merlo M, Graw SL, Barbati G, Rowland TJ, Slavov DB, Stolfo D, Haywood ME,

Dal Ferro M, Altinier A, Ramani F, Brun F, Cocciolo A, Puggia I, Morea G, McKenna WJ, La Rosa FG, Taylor MRG, Sinagra G, Mestroni L. Genetic Risk of Arrhythmic Phenotypes in Patients With Dilated Cardiomyopathy. *J Am Coll Cardiol.* 2019;74:1480–1490.

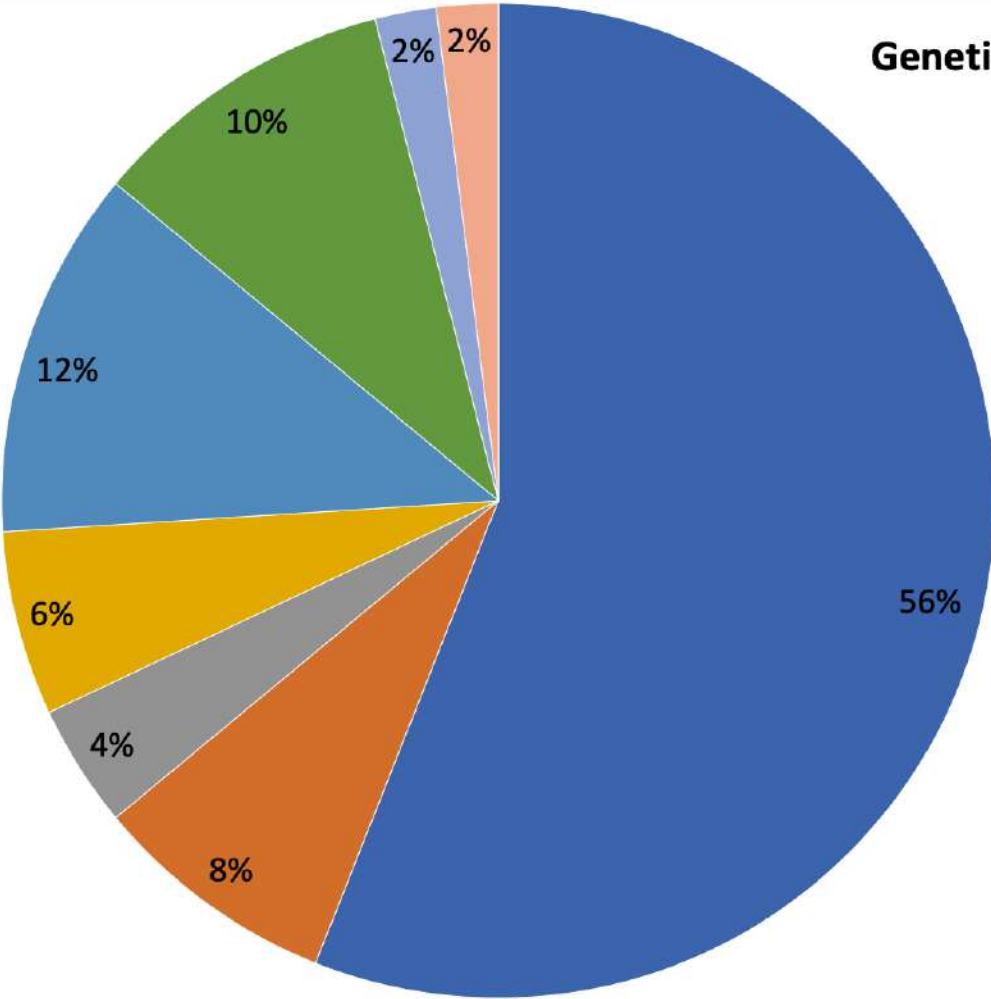


Number at risk: n (%)

	0	24	48	72	96	120
78-84	52 (100)	41 (79)	33 (63)	29 (56)	28 (54)	22 (42)
85-94	326 (100)	297 (91)	272 (83)	251 (77)	228 (70)	213 (65)
95-04	379 (100)	347 (92)	327 (86)	309 (82)	300 (79)	286 (75)
05-15	527 (100)	503 (95)	443 (84)	355 (67)	276 (52)	196 (37)

Follow-up (months): 0, 24, 48, 72, 96, 120

**Genetically determined DCM**



- TTN
- LMNA
- Cytoskeleton
- Desmosomal
- Sarcomeric
- FLNC
- RBM20
- Others