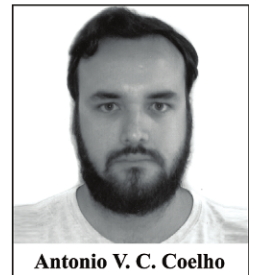


# Meta-Analysis and Time Series Modeling Allow a Systematic Review of Primary HIV-1 Drug-Resistant Prevalence in Latin America and Caribbean

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**Abstract:** Here we review the prevalence of HIV-1 primary drug resistance in Latin America and Caribbean using meta-analysis as well as time-series modeling. We also discuss whether there could be a drawback to HIV/AIDS programs due to drug resistance in Latin America and Caribbean in the next years. We observed that, although some studies report low or moderate primary drug resistance prevalence in Caribbean countries, this evidence needs to be updated. In other countries, such as Brazil and Argentina, the prevalence of drug resistance appears to be rising. Mutations conferring resistance against reverse transcriptase inhibitors were the most frequent in the analyzed populations (70% of all mutational events). HIV-1 subtype B was the most prevalent in Latin America and the Caribbean, although subtype C and B/F recombinants have significant contributions in Argentina and Brazil. Thus, we suggest that primary drug resistance in Latin America and the Caribbean could have been underestimated. Clinical monitoring should be improved to offer better therapy, reducing the risk for HIV-1 resistance emergence and spread, principally in vulnerable populations, such as men who have sex with men transmission group, sex workers and intravenous drug users.

**Keywords:** Drug resistance mutation, HAART, primary drug resistance, meta-analysis, systematic review, time series.

## 1. INTRODUCTION

Estimations indicate that around 35 million people are living with human immunodeficiency virus type 1 (HIV-1) globally. Among these, around 1.75 million live in Latin America and Caribbean. The implementation of highly active antiretroviral therapy (HAART) in 1996 saved 6.6 million lives [1]. However, the fight against HIV-1 is far to be over. One of the most challenging aspects in the management of HIV-1 infection is the emergence of strains resistant to antiretroviral drugs.

HIV-1 typically produces high levels of viral particles. As its reverse transcriptase (RT) is error-prone, it consequently generates high degree of genetic diversity. Poor adherence to HAART regimens leads to suboptimal drug levels, which are insufficient to maintain persistent virus suppression. The virus then continues to replicate, albeit at lower replication rates. Thus, if a mutation conferring resistance to drugs arises, this will turn into a selective advantage for resistant *quasispecies*. In some cases, a single mutation can cause cross-resistance against all members of an antiretroviral drug class [2, 3].

A resistant HIV-1 strain may be transmitted to other persons. This is defined as primary HIV-1 drug resistance (PDR), and it complicates the choice of which regimen a patient with PDR should receive, because it increases the risk of

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therapy failure (incomplete viral replication suppression), and consequently, disease progression [4].

Latin America and Caribbean countries have been improving HAART coverage in the past few years [1]. However, as more people are being treated, resistant strains could occur more frequently [4], and, since pre-treatment HIV-1 genotyping for resistance evaluation is generally not available in low/medium-income countries, PDR could turn into a significant threat to the HIV/AIDS programs from these countries.

Therefore, we decided to perform a systematic review of Latin America and Caribbean literature to overview PDR prevalence in the past years through meta-analysis and time-series modeling.

## 2. METHODS

### 2.1. Literature Search Strategy and Study Selection

We searched Latin America and Caribbean literature (from 1980 to June 2014) focusing HIV primary antiretro-viral resistance through PubMed database using MeSH (Medical Subject Headings) search terms. For example: (“Country name” [Mesh]) AND “Antiretroviral Therapy, Highly Active” [Mesh] AND “Drug Resistance” [Mesh]; (“Country name” [Mesh]) AND “HIV/genetics” [Mesh] AND “Drug Resistance” [Mesh] – in which “Country name” stands for each country from the geopolitical aspect defined above; or combinations of search terms with country names in PubMed search tool: “HIV DRM”; “HIV ARV resistance”.

After full text retrieval, the authors reviewed all potentially relevant studies. The inclusion criteria were (1) be an observational study, (2) include primary resistance prevalence estimation or available data so we could estimate it and (3) preferentially (though not mandatorily) include a list or description of the detected major mutations (mutations that relate to high resistance to antiretroviral drugs). We excluded studies that dealt with secondary resistance and pediatric or vertical transmission patients. For studies in which both types of resistance were reported, we included only the primary resistance data if they could be clearly distinguished from the secondary resistance information.

We extracted study characteristic data – HAART naïve HIV positive individuals sample number, number and percentage of females among the total sample size, age and demographics. We classified the demographics in six categories: pregnant women, men who have sex with men (MSM), intravenous drug users (IDU), sex workers, inmates and general population (defined as a cohort composed of people with different HIV risk behaviors, or sometimes unknown/unspecified by the authors – such as anonymous blood bank donors).

### 2.2. Statistical Analysis

We performed a meta-analysis in a per country basis, but only if there were at least three studies, not performed by the same research group, for each country. All meta-analysis were performed through “meta” package [5] for R software version 3.1.1 [6].

Briefly, prevalence estimates were log-transformed for meta-analysis. Heterogeneity between studies was assessed by  $\tau^2$  statistic and  $I^2$  measure and if they were significantly different from zero as evaluated by Cochran’s Q test with  $n-1$  degrees of freedom (in which  $n$  is the number of studies included and with significance level  $\alpha=0.10$  for this test). A random effects model was assumed if heterogeneity was detected (DerSimonian and Laird method [7]). A fixed effects model was chosen if otherwise [8]. Ninety-five percent confidence intervals (95% CI) were calculated for each pooled prevalence.

Additionally, we performed a time-series analysis using Brazilian studies’ data, since more data were available for this country, allowing us to model PDR prevalence change over time, as mentioned in Results and Discussion section. Concisely, a time series is a sequence of measurements taken at ordered points in time. We performed an auto-regressive moving average (ARIMA) model, as proposed by Box and Jenkins (1970, 2013) [9]. We denote the model in the form ARIMA ( $p, d, q$ ), where  $p, d,$  and  $q$  are non-negative integers numbers that represents, respectively, the autoregressive, integrated and moving average orders of the model. These orders represent the number of estimated regression parameters during model fitting.

First, we sorted studies chronologically in calendar years according to sample collection starting period. We used month ranges as stated in the studies whenever possible to order studies conducted in the same years range. Thus, we considered each study as an independent time point.

After that, we used the test proposed by Dickey and Fuller (1979) [10] to check whether the PDR prevalence series was stationary (i.e. to check if data parameters such as mean and variance did not change over time). Subsequently, we used the “forecast” package [11], also from R software, to choose the ARIMA model that best fitted our original data, using Akaike Information Criterion (AIC). After choosing the model, we performed the following diagnostics tests: standardized residuals test, autocorrelation function (ACF) of residuals test and Ljung-Box statistics [12], to check whether the assumptions of the model have been satisfied. If all the assumptions were met, the model was deemed useful for describing the PDR prevalence change over time according to Brazilian data and forecast the prevalence a few years further from the most recent collection sample date found during the literature search.

We interpreted the PDR prevalence estimates in three levels: low (prevalence lower than 5.0%), moderate (between 5.0% and 15.0%) and high (higher than 15.0%) based on the World Health Organization consensus [13].

### **3. RESULTS AND DISCUSSION**

#### **3.1. Studies Selection**

The search produced 655 unique abstracts, from which 206 were potentially eligible for our review according to our criteria. Further 123 studies were excluded due to different outcomes being investigated (study not focused on primary resistance), inappropriate populations studied (pediatric patients, secondary resistance) or because we were not able to extract suitable data for statistical analysis due to the way they were reported by the authors. Fig. (1) depicts the flowchart detailing studies search, inclusions and exclusions.

Thus, 83 studies were suitable for the statistical analysis, but 14 of them could not be included

since had fewer studies than the threshold defined in the Methods session (three studies).

Finally, 24 studies (nine from Argentina, three from Cuba, four from Chile, four from Mexico and four from Venezuela) were meta-analyzed. Forty-five studies from Brazil were analyzed through time-series.

The 83 studies included original articles, short communications and sequence notes, reporting epidemiological and/or phylogenetical findings. The median sample number was 76 (interquartile range, IQR=44-126.5; minimum and maximum 16 and 1655, respectively). The median age of the recruited individuals (for those studies with available information) was 34 years old (IQR=30.7-35.8). In average, 39.6% of recruited individuals by the studies were women. The majority (64 studies) dealt with HIV general population; MSM samples were recruited in seven studies; six dealt with pregnant women cohorts; sex workers were sampled in two; male inmates, IDU and persons involved with occupational exposure were sampled in one study each. A single study sampled both MSM and IDU. Table 1 details the information about each report, except for Brazilian studies, which are displayed chronologically according to the sample collection period on Table 2.

#### **3.2. Prevalence Summaries**

Sixty-nine studies (among the total 83) reported which drug resistance interpretation algorithm was used. Since the majority of them (45 studies) used Stanford University HIVdb algorithm [14], we also used this algorithm (surveillance mutation list, June 2013 version) to improve consistency between studies. We recalculated prevalences according to Stanford algorithm major mutation list, thus disregarding minor (accessory) mutations whenever possible. Thus, please note that the reported prevalences in this review may not reflect the same published by the original authors.

##### **3.2.1. Caribbean**

The literature search identified nine studies conducted in Caribbean and associated countries, published between 1999 and 2013. Due to the low number of studies, formal statistical analysis could not be performed according to our methodological criteria, with exception for three Cuban studies.

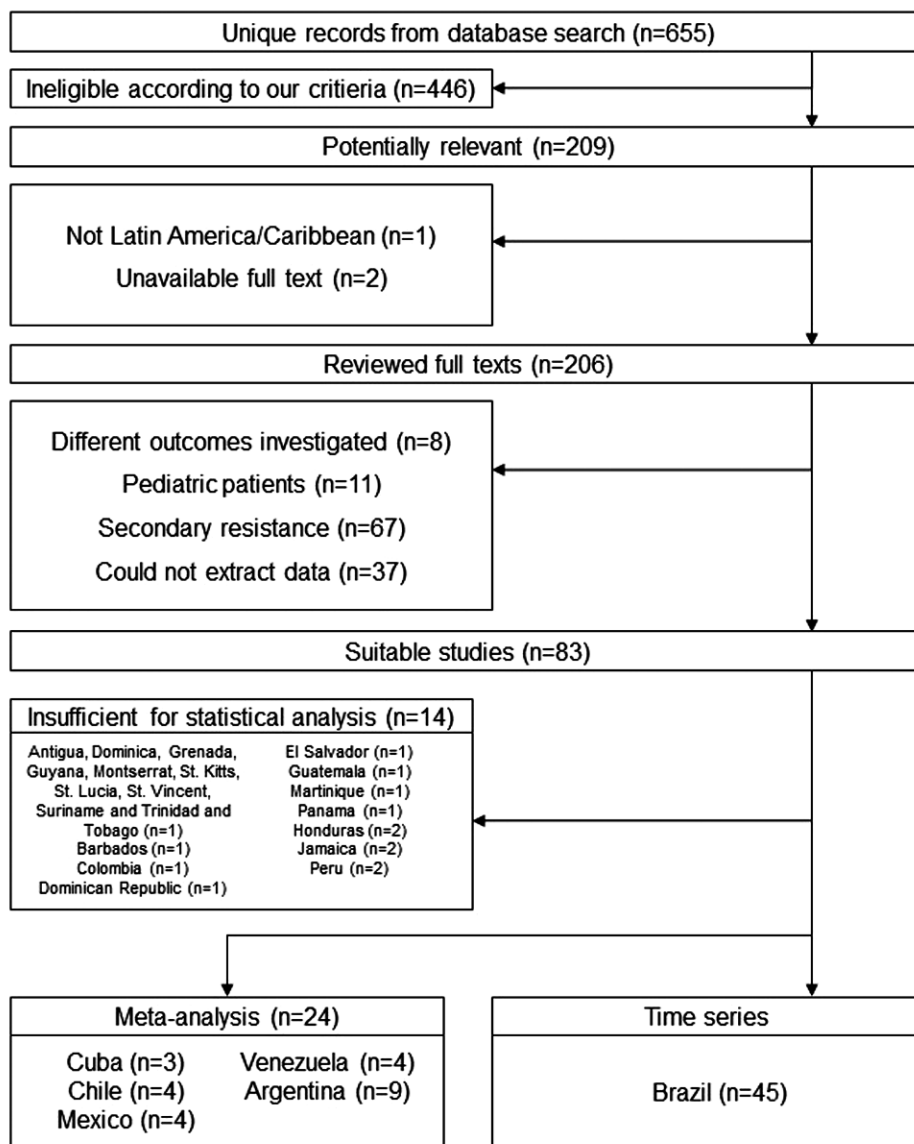


Fig. (1). Flow chart of studies selection for reviewing and inclusion on analysis.

Overall, PDR was found to be low to moderate in Caribbean countries, ranging from zero to 18.5%. A survey with samples from nine countries (Antigua and Barbuda, Dominica, Grenada, Guyana, Montserrat, St. Kitts and Nevis, St. Lucia, St. Vincent, Suriname and Trinidad and Tobago) did not report any major mutations [15].

Barbados, Dominican Republic and Martinique all had reported PDR prevalence lower than 10%: 2.8%, 7.8% and 7.2%, respectively [16-18]. Recent studies from Jamaica and Cuba reported moderate PDR prevalence. Data from Hamilton *et al.* (2012) [19] allowed us to estimate major

mutations frequency of 18.5%, whereas data from Barrow *et al.* (2013) [20] yielded 12.6%, both for Jamaican populations.

Data from three Cuban studies apparently show a trend for PDR prevalence increment in the last twelve years. Ruibal-Brunet *et al.* (2001) [21] observed a prevalence of 7.4%. Later, Perez *et al.* (2007) [22] reported the close estimate of 5.2%. However, the most recent study from Machado *et al.* (2013) [23] in newly diagnosed individuals, reported a prevalence of 21.5%, the highest among Caribbean countries. According to our meta-analysis estimate, PDR pooled prevalence in Cuba

**Table 1. Studies characteristics and reported primary drug resistance prevalence in Caribbean and Latin American countries.**

Region, <i>Countries</i> and Studies	HIV-Infected Individuals Demographics	N Female (%)	Age (Years)	Reported Primary Drug Resistance Prevalence (%)
<b>Caribbean</b>				
<i>Barbados</i>				
[16]	General population	14/36 (38.9)	34.5 [30-41.3] <sup>a</sup>	1/36 (2.8)
<i>Cuba</i>				
[21]	General population	NR	NR	2/27 (7.4)
[22]	General population	NR	NR	13/250 (5.2)
[23]	General population	30/200 (15.0)	35.3 [11.3] <sup>b</sup>	43/200 (21.5)
<i>Dominican Republic</i>				
[17]	General population	56/103 (54.4)	38.6 [NR] <sup>b</sup>	8/103 (7.8)
<i>Jamaica</i>				
[19]	General population	NR	NR	17/92 (18.5)
[20]	General population	64/103 (62.1)	37.3 [NR] <sup>b</sup>	10/79 (12.6)
<i>Martinique</i>				
[18]	General population	23/70 (32.9)	NR	5/69 (7.2)
<i>Nine countries*</i>				
[15]	General population	54/94 (57.5)	22 [NR] <sup>b</sup>	0/94 (0.0)
<b>Continental Latin America</b>				
<i>Argentina</i>				
[39]	(Transsexual) sex workers	0 (0.0)	29 [24-35] <sup>a</sup>	12/62 (19.4)
[40]	General population	NR	NR	16/214 (7.5)
[41]	MSM, IDU	0 (0.0)	NR	2/23 (8.7)
[42]	(Female) sex workers	16/16 (100.0)	NR	3/16 (18.8)
[43]	General population	33/107 (30.8)	33 [NR] <sup>a</sup>	4/98 (4.1)
[44]	General population	13/52 (25.0)	36 [11] <sup>b</sup>	4/52 (7.7)
[45]	General population	33/152 (21.7)	37 [NR] <sup>b</sup>	12/152 (7.9)
[46]	Pregnant women	78/78 (100.0)	25 [19-34] <sup>a</sup>	7/78 (9.0)
[83]	General population	71/284 (25.0)	NR	12/284 (4.2)
<i>Brazil</i>				
<b>See Table 2</b>				
<i>Chile</i>				
[35]	General population	6/60 (10.0)	37.1 [23-60] <sup>a</sup>	1/60 (1.7)
[36]	General population	NR	NR	2/79 (2.5)
[37]	MSM majority	0/25 (0.0)	35 [25-45] <sup>a</sup>	3/25 (12.0%)
[38]	MSM majority	8/74 (10.8)	32 [18-58] <sup>a</sup>	3/74 (4.1%)
<i>Colombia</i>				
[28]	General population	18/103 (17.5)	34 [18-59] <sup>a</sup>	6/103 (5.8)
<i>El Salvador</i>				
[29]	General population	40/88 (45.5)	35.5 [NR] <sup>b</sup>	5/88 (5.7)
<i>Guatemala</i>				
[84]	General population	64/145 (44.1)	37.3 [NR] <sup>b</sup>	4/145 (2.8)

(Table 1) contd.....

Region, Countries and Studies	HIV-Infected Individuals Demographics	N Female (%)	Age (Years)	Reported Primary Drug Resistance Prevalence (%)
<b>Honduras</b>				
[31]	General population	NR	NR	18/239 (7.5)
[30]	General population	95/200 (47.0)	31 [15–64] <sup>a</sup>	14/200 (7.0)
<b>Mexico</b>				
[25]	General population	NR	NR	41/1655 (2.5)
[51]	General population	9/96 (9.4)	NR	7/96 (7.3)
[85]	General population	4/42 (9.5)	33 [20-58] <sup>a</sup>	1/42 (2.4)
[86]	Pregnant women majority	38/46 (82.6)	27 [6] <sup>b</sup>	1/41 (2.4)
<b>Panama</b>				
[32]	General population	17/47 (36.2)	22 [20-24] <sup>a</sup>	6/47 (12.8)
<b>Peru</b>				
[26]	MSM	0 (0.0)	NR	12/359 (3.3)
[27]	General population	46/112 (41.1)	NR	1/96 (1.0)
<b>Venezuela</b>				
[47]	General population	NR	NR	1/31 (3.2)
[48]	General population	3/20 (15.0)	NR	2/20 (10.0)
[49]	General population	14/65 (21.5)	32.6 [18-58] <sup>a</sup>	4/62 (6.5)
[50]	General population	NR	NR	7/63 (11.1)

\*Antigua and Barbuda, Dominica, Grenada, Guyana, Montserrat, St. Kitts and Nevis, St. Lucia, St. Vincent, Suriname and Trinidad and Tobago.

General population – cohort composed of people with different HIV risk behaviors, or sometimes unknown/unspecified by the authors.

MSM – men who have sex with men.

NR – not reported.

<sup>a</sup>Median [interquartile range].

<sup>b</sup>Mean [standard deviation].

is around 10.0%, and can be as high as 28.0% (95% CI=3.0-28.0). These findings are summarized in Table 3.

The relatively low number of studies in Caribbean region is a matter of concern, because, with the exception from Dominican Republic, Cuba and Jamaica, we could not find recently published studies on PDR prevalence (five among the nine studies were published five or more years ago) in the other Caribbean countries. Thus, these PDR prevalences may be actually underestimated (maybe even unknown in other countries in the region).

In the past few years, international task forces have been created for implement and improve PDR monitoring in the Caribbean and Latin America [24]. Therefore, it is possible that in the near future this knowledge gap regarding the Caribbean HIV population will be fulfilled, and ideally stabilize potential increasing PDR rates.

### 3.2.2. Continental Latin America

As for Caribbean countries, PDR prevalence in continental Latin America seems to be low to moderate. Data from some countries reported prevalences under 6.0%, such as Guatemala (2.8%) [25], Peru (two estimates: 3.3% and 1.0%) [26, 27], Colombia (5.8%) [28] and El Salvador (5.7%) [29].

Honduras apparently has moderate prevalence around 7.0% and 7.5% (Murillo *et al.* (2010) [30] and Lloyd *et al.* [31], respectively). A study from Panama observed a prevalence of 12.8% [32].

Noteworthy, Lama *et al.* (2006) [26] surveyed Peruvian MSM populations, whereas Soria *et al.* (2012) [27] sampled from HIV general population also from Peru. The estimates were close, but nonetheless PDR was higher in MSM individuals. Interestingly, previous evidence in European populations showed that MSM individuals infected

**Table 2. Studies' characteristics and reported primary drug resistance prevalence in Brazil. The studies are ordered chronologically according to sample collection starting period.**

Study	Sample Collection Period (Calendar Years)	Study Characteristics			Reported Primary Drug Resistance Prevalence (%)
		HIV-Infected Individuals Demographics	N Women (%)	Age (Years)	
[70]	1989 to 2005	General population	124/240 (51.7)	NR	6/290 (2.1)
[87]	1996	General population	NR	NR	3/32 (9.4)
[55]	1996 to 2012	MSM	0/64 (0.0)	30.6 [19-54] <sup>a</sup>	9/64 (14.1)
[88]	1997	General population	19/48 (40.0)	35 [NR] <sup>b</sup>	2/48 (4.2)
[89]	1998	General population	NR	NR	0/44 (0.0)
[90]	1998 to 2002	General population	NR	NR	21/341 (6.2)
[56]	1998 to 2003	MSM	NR	NR	10/50 (20.0)
[91]	1999 to 2001	IDU	NR	NR	3/38 (7.9)
[92]	1999 to 2001	General population	24/71 (33.8)	NR	1/71 (1.4)
[93]	2000	General population	11/56 (19.6)	28.4 [NR] <sup>b</sup>	7/50 (14)
[94]	2000 to 2001	Occupational exposure	20/44 (45.5)	35.8 [21-62] <sup>a</sup>	2/16 (12.5)
[61]	2000 to 2001	General population	52/129 (40.3)	31 [NR] <sup>b</sup>	3/76 (3.9)
[53]	2001	General population	155/380 (40.8)	30.7 [9.1] <sup>b</sup>	22/409 (5.4)
[95]	2001	General population	61/112 (54.5)	31 [25-37] <sup>a</sup>	0/112 (0.0)
[96]	2001 to 2005	General population	15/27 (55.6)	30.1 [NR]	0/27 (0.0)
[97]	2002	General population	40/85 (47.0)	35.2 [11.0] <sup>b</sup>	2/25 (8.0)
[64]	2002 to 2003	General population	30/84 (35.7)	NR	3/84 (3.6)
[98]	2002 to 2006	General population	34/123 (27.6)	37 [NR] <sup>b</sup>	8/123 (6.5)
[99]	2003	Pregnant women	35/35 (100.0)	24 [17-35] <sup>a</sup>	0/35 (0.0)
[100]	2003 to 2004	General population	NR	37 [NR] <sup>b</sup>	9/56 (16.1)
[101]	2004 to 2006	General population	81/209 (38.8)	33 [27-40] <sup>a</sup>	18/204 (8.8)
[102]	2004 to 2006	General population	NR	NR	7/50 (14.0)
[103]	2005	General population	12/44 (27.3)	35 [30-37] <sup>a</sup>	2/62 (3.2)
[104]	2005 to 2006	General population	NR	NR	3/32 (9.4)
[105]	2005 to 2007	General population	116/246 (47.2)	NR	39/246 (15.9)
[62]	2005 to 2008	General population	89/205 (43.4)	35.4 [11.7] <sup>b</sup>	7/205 (3.4)
[106]	2005 to 2008	Pregnant women	197/197 (100.0)	26 [NR] <sup>b</sup>	21/197 (10.7)
[107]	2005 to 2008	General population	25/82 (30.5)	34.1 [NR] <sup>b</sup>	6/82 (7.3)
[108]	2006 to 2007	General population	45/99 (45.4)	35 [10.0] <sup>b</sup>	8/99 (8.1)
[109]	2006 to 2008	General population	15/33 (45.4)	35 [NR] <sup>b</sup>	6/33 (18.2)
[110]	2007	General population	135/400 (33.8)	36 [15-66] <sup>a</sup>	22/387 (5.7)
[111]	2007 to 2008	General population	32/103 (31.1)	32 [15-71] <sup>a</sup>	10/103 (9.7)
[54]	2007 to 2008	General population	122/223 (54.7)	36 [8.0] <sup>b</sup>	17/210 (8.1)
[65]	2007 to 2009	General population	61/130 (46.9)	NR	8/130 (6.1)
[72]	2008 to 2009	General population	21/52 (40.4)	30 [14-65] <sup>a</sup>	6/52 (11.5)
[63]	2008 to 2009	General population	42/82 (51.2)	37.8 [NR] <sup>b</sup>	8/82 (9.8)
[112]	2008 to 2009	General population	NR	32.15 [NR] <sup>b</sup>	17/225 (7.6)
[77]	2008 and 2010	General population	19/49 (38.8)	36 [19-64] <sup>a</sup>	3/49 (6.1)
[57]	2008 to 2009	MSM	0/44 (0.0)	NR	10/44 (22.7)
[113]	2008 to 2009	General population	38/92 (41.3)	36 [NR] <sup>b</sup>	5/92 (5.4)
[114]	2008 to 2010	Pregnant women	30/30 (100.0)	25 [NR] <sup>b</sup>	4/30 (13.3)
[115]	2009	General population	28/48 (58.3)	35.1 [11.2] <sup>b</sup>	2/48 (4.2)
[116]	2009	(Male) inmates	0/38 (0.0)	31.5 [NR] <sup>b</sup>	4/38 (10.5)
[117]	2010 to 2011	Pregnant women	16/16 (100.0)	25 [15-38] <sup>a</sup>	4/16 (25)
[118]	2011	MSM (majority)	11/101 (10.9)	31 [NR] <sup>b</sup>	14/101 (13.9)

General population – cohort composed of people with different HIV risk behaviors, or sometimes unknown/unspecified by the authors.

MSM – men who have sex with men.

NR – not reported.

<sup>a</sup>Median [interquartile range].

<sup>b</sup>Mean [standard deviation].

**Table 3. Meta-analysis results summary.**

Country	Number of Studies (Included/ Reviewed)	Heterogeneity				Model Selection	Pooled Primary Drug Resistance Prevalence (%), [95% CI]
		Estimation ( $\tau^2$ )	I <sup>2</sup>	Q Statistic	p-Value		
Argentina	9/17	0.21	59.4%	19.7	0.01	random effects	8.4 [5.7-12.0]
Chile	4/5	0.01	21.8%	3.84	0.28	fixed effects	3.3 [1.1-6.2]
Cuba	3/6	1.08	91.8%	24.5	<0.001	random effects	10.0 [3.0-28.3]
Mexico	4/8	0.29	58.3%	7.20	0.066	random effects	3.5 [1.7-7.1]
Venezuela	4/7	0	0%	1.95	0.58	fixed effects	7.5 [3.8-12.2]

95% CI - 95% confidence interval.

with HIV-1 subtype B (the same population profile as in the Peruvian sample) tended to be more likely infected with a resistant HIV-1 strain than individuals reporting other types of risk behavior/transmission route [33, 34].

Studies from Chile followed a similar trend. Whereas Afani *et al.* (2005) [35] and Rios *et al.* (2007) [36] reported prevalence between 1.7% and 2.5% in the general population, Acevedo *et al.* (2007) [37] and [38] observed higher prevalence among samples with MSM majority (12.0% and 4.1%, respectively). Nonetheless, overall PDR prevalence in Chile seems to be low. Our meta-analysis estimates a prevalence of 3.3% (95% CI=1.1-6.2).

PDR prevalence also appears to be higher among Argentinian MSM. Carobene *et al.* (2014) [39] reported a prevalence of 19.4% among transsexual sex workers infected with recombinant BF and B subtypes from Buenos Aires and major Argentinian cities. Pando *et al.* (2011) [40] sampled from HIV general population infected with the same subtypes, also in Buenos Aires during approximately the same period as did Carobene *et al.* They found an overall PDR prevalence of 8.4% (7.5% if considering only major mutations as defined by Stanford University HIVdb algorithm [14]). Andreani *et al.* (2011) [41] found a similar prevalence (8.7%) in MSM and IDU men at risk to HIV-1 re-exposure. Thus, subtype B and MSM transmission route may also be risk factors for transmitted antiretroviral resistance in Latin America. Female sex workers may also be at risk, since a sample from Argentinian BF and B subtypes-infected sex workers had a relatively high PDR prevalence –

18.8% [42]. Certainly, more studies are necessary to address this issue.

Aside from these studies, other data point to a rise in PDR prevalence in Argentina in the past few years. Kijaj *et al.* (2001) [43] reported a prevalence of 4.1% between 1997 to 2000 period. Dileria *et al.* (2007) observed a prevalence of 4.2% between 2003 and 2005, whereas Petroni *et al.* (2006) [44], Rodriguez-Rodriguez *et al.* (2013) [45] and Pando *et al.* (2011) [40] reported prevalences above 7.0% between 2003 and 2009 (7.7%, 7.9% and 7.5%, respectively). Cecchini *et al.* (2013) [46] recently reported a PDR prevalence of 9.0% in a cohort of pregnant women sampled between 2008 and 2011. Including all the Argentinian studies cited above in a meta-analysis, we estimate a pooled PDR prevalence of 8.4% (95% CI=5.7-12.0), which is considered moderate.

Venezuela also seems to have moderate PDR prevalence (pooled prevalence=7.5%; 95% CI=3.8-12.2). Some authors of the four Venezuelan studies included in our meta-analysis acknowledge that PDR prevalence has been increasing in the country. Delgado *et al.* (2001) [47] initially reported a prevalence around 3.0% (considered low). Later, other authors reported prevalences higher than 5.0%: Bouchard *et al.* (2007) [48] observed 10.0%, Castillo *et al.* (2009) [49] reported a 6.5% prevalence, and the most recent survey, by Rangel *et al.* (2009) [50], found a prevalence of 11.1%.

In contrast to Argentina and Venezuela, Mexico apparently has low PDR prevalence. Three among four studies, including a relatively recent national survey with the highest sample number among all reviewed studies [25] reported rates around 2.5%. A single study [51] reported a prevalence of 16.0%



(7.3% if considering only high-level resistance). Our meta-analysis estimates that major mutations frequency in Mexico is low (3.5%; 95% CI=1.7-7.1). This can be consequence of the delay of implementation of universal access to HAART in Mexico, which started around 2004 [25]. Thus, it is possible that effective HAART coverage was low before this period and in the few years later, resulting in low selection rates for resistant strains. All meta-analysis results are summarized in Table 3.

### 3.2.3. Brazil

We included Brazilian studies in a specific session due to the extensive data published throughout the years. Among the 83 papers discussed in this review, 45 were conducted on Brazilian samples. HIV/AIDS epidemiological notification and prevention programs started already in the first decade of AIDS discovery and detection in Brazil, and in 1996 it was one of the first developing countries to provide free-of-charge HAART for all eligible patients attending the public healthcare system; this is considered as a quite successful model of program against HIV/AIDS [52].

The higher number of studies allowed us to model through time series analysis how PDR prevalence evolved during more than 20 years of research and forecast changes for the next few years.

According to Dickey-Fuller test results, our data were not stationary ( $p=0.13$ ), thus requiring additional differentiation before fitting to a non-seasonal ARIMA model. The best model (AIC=284.9) was an ARIMA (3, 1, 3), and diagnostic tests results showed that the assumptions of the model were met, i.e. residual errors were randomly distributed and not auto-correlated (data not shown). Therefore, this model was suitable to describe PDR prevalence change over time in Brazil.

Thus, our model defined a rising trend in PDR prevalence in Brazil between 1989 and 2011, for which data are available. Using the model to predict three forward time points, we estimate that 2014 actual PDR prevalence is around 20.6% (95% CI=10.7-30.6). The estimates for 2012 and 2013 were 7.3% (80% CI=1.0-13.6) and 15.3% (95% CI=5.6-25.0), respectively. Note that the CI for the 2012 estimate was set at 80% because the

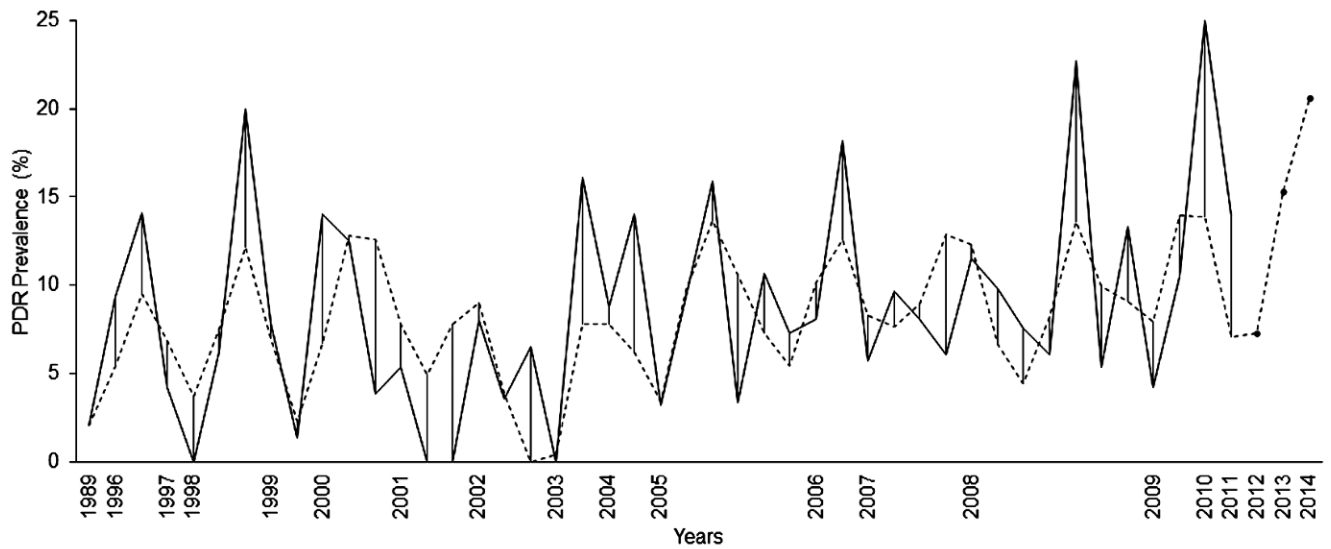
95% CI lower bound yielded a spurious result (a negative number; prevalence is only expressed by positive numbers); so we were less strict for the definition of CI for this estimate. We did not estimate too much forward time points to avoid excessive speculation, since it would generate more imprecision at each new forecast. Fig. (2) shows a graphical representation of PDR prevalence changes over time in Brazil.

Brazil is politically divided in five regions: “Central-West”, North, Northeast, South and Southeast. Two previously published national surveys sampling in cities from almost all of these regions found overall intermediate levels of PDR prevalence. The 2002 survey [53] found a prevalence of 6.6% and the 2009 survey [54] observed a prevalence of 8.1%. Nonetheless, the authors acknowledge that major cities from Southeast Brazil, such as São Paulo and Rio de Janeiro, have moderate levels of PDR. It is also important to note that Brazilian MSM populations, similarly as discussed about Argentinian and Peruvian studies, seem to be more at risk to be infected with resistant strains, with reported prevalences between 14% and 22% [55-57].

Our data came predominantly from studies that sampled cities in Southeast and South Brazil (20 studies from Southeastern cities; nine from Southern cities; one with cities from both Southeast and South; one with cities from three regions: Southeast, South and Central-West; seven in Central-Western cities, two from Northeast and a single one from North Brazil. The remaining four were global national surveys). Thus, our estimate could be biased by the observations made in these regions, yielding overestimates.

Understandably, these regional “oversampling” may reflect the fact that the majority of Brazil total HIV cases since 1980 are concentrated in Southeast and South (55.5% and 20.0% of the cases, respectively) [58]. The Southeast was the region where the first Brazilian AIDS cases emerged in the 1980’s decade. Thus, it is reasonable to suppose that the HIV therapy implementation in this region started earlier than in other regions, thus favoring the early selection of resistant strains among patients with suboptimal adherence during the monotherapy period or in the early HAART years.

The relatively low number of studies in other regions are a matter of concern, since previous



**Fig. (2).** Primary HIV drug resistance (PDR) prevalence time series and predicted values in Brazil. The solid line represent the prevalences at each reviewed study/time point, starting at 1989 and ending in 2011. The dashed line represents fitted predictions according to the ARIMA (3,1,3) model. The three filled circles represent three forward time points. The first circle is the 2012 estimate (7.3%, 80% CI=1.0-13.6), the second is the 2013 estimate (15.3%, 95% CI=5.6-25.0) and the third the 2014 estimate (20.6%, 95% CI=10.7-30.6).

analysis pointed out that Brazil’s HIV epidemics has been in the process of “interiorization” and “pauperization” [59], meaning that HIV/AIDS cases are migrating to the countryside and affecting more people with lower socioeconomic status. Indeed, recent data show that detection rate of AIDS cases in Central-West (countryside Brazil - the only landlocked Brazilian region), Northeast and North regions (the most impoverished areas in the country) arose, whereas somewhat decreased in Southeast and South, between 2003 and 2012.

Thus, it is virtually unknown how many of these new cases in Central-West, Northeast and North regions were caused by resistant strains, which could further complicate treatment choices for populations already underserved in basic healthcare, or even favor selection of more resistant strains due to poor clinical/adherence monitoring.

To conclude, we should interpret cautiously the estimates we observed, but we may highlight that PDR prevalence is apparently rising in Brazil, and it is (at least) at moderate levels now. Moreover, the Southeast region is a possible “hotspot” of resistant strains circulation, which could influence significantly the spread of resistant strains to other regions in the future.

### 3.3. Subtypes and Mutations

HIV-1 B subtype was the most frequent among the individuals sampled in the 83 reviewed studies (mean percentage 69.2% of the samples), followed by subtype C (8.6%), B/F recombinants (7.5%) and subtype F (5.4%). Other subtypes and recombinant forms such as CRF or URF were 9.0% of the samples in average.

The majority of individuals from Chile, El Salvador, Guatemala, Honduras, Jamaica, Mexico, Peru and Venezuela were infected by subtype B. Presumably, subtype distribution in the other Caribbean countries reviewed here also follows this pattern, as suggested by previous evidence [60]. Maybe Cuba is an exception, where other forms may prevail over subtype B, as reported elsewhere [22, 23].

Subtypes F and B/F recombinants had a significant frequency among subjects from Argentina and Brazil. B/F recombinants were even the majority in some Argentinian samples [39, 44].

Subtype C is frequent in the South Brazil region, being the majority among some samples [61-63]. Subtype F seems to have substantial frequencies (over 20.0%) in the Northeast region [64, 65].

Some authors evidence that different HIV-1 subtypes develop drug resistance mutations in unique ways, each favoring different patterns and frequency of mutations when challenged with antiretroviral therapy pressure [66-70].

Our study design does not allow us to elaborate further on this topic, since it is retrospective. Prospective studies with individuals matched by subtype and drug regimen would be more informative. However, we acknowledge that it can be influential in the PDR prevalence over time in countries with complex epidemics, such as Argentina and Brazil. Of note, some authors even highlight the spread of subtype C from South Brazil to major cities in Brazil and regions such as Central-West, reflecting the trend of “interiorization” mentioned earlier [59, 71, 72]. Thus, the spread of different subtypes into new areas could hypothetically change the local PDR prevalence, in a founder effect-like manner. Table 4 summarizes the subtypes frequencies for those studies in which this information was available.

In relation to the types of mutation reported by authors, we observed that among 53 studies from which we could extract mutation lists with fair accuracy, we could count 922 mutation events in 567 individuals (1.6 mutations per individual, on average) infected with HIV-1 resistant strains. Seven-hundred and twelve mutations (77.2%, 1.2 RT mutations per individual) were located at RT region, whereas 210 (22.8%) were distributed in protease (PR) codons (0.4 PR mutations per individual). Further analysis showed that among the 712 mutation events on RT region, 399 were associated to nucleoside analog RT inhibitor (NRTI) resistance and 313 were related to non-nucleoside analog RT inhibitor (NNRTI) resistance.

The NRTI resistance-associated mutations frequency distribution was T215F/Y (112 events), M184V/I (84 events), M41L (62 events), K219Q/E (47 events), D67N (41 events), K70R (19 events), T210W (22 events each) and L74V/I (12 events). NNRTI resistance-associated mutations were distributed in this manner: K103N/S (145 events), G190A/S/E (46 events), Y181C/I/V (44 events), K101E/P (23 events), V106A/M (25 events), E138A/G/K/Q (six events), Y188L/C/H (14 events), M230L (seven events) and L100I (three events). Finally, for Protease

inhibitor (PI) resistance-associated mutations: M46I/L (64 events), V82A/T/F/S/L (42 events), L90M (35 events), I54V/T/A/L/M (27 events), D30N (13 events), N88S/D (10 events), I84V (six events), L76V (seven events), I47V/A (two events), G48V/M (two events), V32I and I50L/V (one event each).

Interestingly, these observations seem to confirm the concept of low “genetic barrier” for reverse transcriptase inhibitors (both NRTI and NNRTI). Just one or two mutations are sufficient to induce resistance against these drug classes, values similar to the average mutation number (1.2 RT mutations, as mentioned earlier). In contrast, more mutations are needed to induce resistance against PI (high “genetic barrier”). As expected, thymidine analog mutations were the most frequent in the samples, since low/medium-income countries (as is the case of Latin America and Caribbean) tend to use thymidine analogs, such as zidovudine, more frequently, favoring the emergence of these mutations [3].

Studies dealing with RT and PR mutations were the majority of the works surveyed before final inclusion in this review. We also found some studies in Brazil [73-78], Venezuela [79] and multinational surveys including Latin America/Caribbean countries [80, 81] that investigated mutations possibly related to resistance against integrase or fusion inhibitors. However, to our knowledge, these drug classes are not commonly used in first-line drug regimens, at least in Brazil clinical setting, being preferred as salvage regimen choices [58]. Thus, we did not include these studies in the final review because, in our opinion, these mutations, even if present, would have no clinical relevance for HAART naïve individuals.

## CONCLUSION

We reviewed literature data concerning PDR prevalence in Latin American and Caribbean. We observed that (1) these regions have been reporting low to moderate levels of PDR prevalence; (2) subtype B dominates the epidemics, but Argentina and Brazil have significant contributions of B/F recombinants and subtype C and (3) NRTI and NNRTI resistance-associated mutations were more frequent, corresponding to more than 70% of mutational events observed. PI resistance-

**Table 4. Summary of HIV-1 subtypes detected by each study and mean mutation number per individuals with primary HIV-1 drug resistance.**

Country, Study	HIV-1 Subtypes					Mean Mutation Number Per Individual	
	B	C	F	B/F Recombinant	Other Forms	Protease Gene	Reverse Transcriptase Gene
<b>Argentina</b>							
[39]	38.7	4.8	0.0	54.8	1.6	1.0	2.3
[40]	57.9	2.3	0.5	39.3	0.0	0.8	2.1
[43]	NR	NR	NR	NR	NR	1.3	4.5
[44]	40.0	0.0	0.0	60.0	0.0	3.0	1.0
[45]	46.0	0.0	0.0	50.6	3.4	0.7	1.3
<b>Brazil</b>							
[53]	NR	NR	NR	NR	NR	ND	0.7
[54]	17.0	0.0	7.0	0.0	0.0	0.3	0.4
[55]	68.8	6.3	17.2	0.0	7.8	ND	1.6
[56]	91.4	2.5	1.2	3.7	1.2	0.5	1.1
[57]	81.8	7.7	0.0	0.0	6.9	0.3	1.2
[62]	22.0	64.4	0.0	0.0	13.7	0.7	0.7
[63]	13.4	65.9	0.0	0.0	0.0	0.3	1.3
[64]	72.6	1.2	22.6	3.6	0.0	ND	1.0
[65]	56.9	3.1	37.7	2.3	0.0	0.4	1.4
[70]	72.8	0.0	27.2	0.0	0.0	2.0	ND
[72]	78.8	5.8	1.9	0.0	13.5	0.2	1.3
[77]	65.3	10.2	8.2	8.2	8.2	ND	0.3
[88]	NR	NR	NR	NR	NR	ND	1.0
[93]	70.9	1.8	5.5	0.0	21.8	ND	0.6
[98]	82.0	5.7	6.5	0.0	5.8	0.4	0.8
[100]	78.6	21.4	0.0	0.0	0.0	ND	1.8
[102]	81.0	0.0	8.4	7.4	3.2	ND	0.3
[105]	78.0	0.0	9.8	5.7	6.5	0.3	0.5
[106]	81.0	1.0	10.0	0.0	0.0	0.2	0.4
[107]	85.3	3.7	3.7	7.3	0.0	0.2	0.7
[108]	26.2	39.4	1.1	0.0	33.3	0.3	0.9
[109]	66.7	6.1	12.1	15.2	0.0	ND	1.2
[110]	66.0	12.8	0.0	0.0	21.3	0.2	1.1
[111]	82.5	3.1	6.2	7.2	1.0	0.2	1.2
[112]	76.0	7.0	6.0	0.0	11.0	0.2	1.1
[113]	71.7	5.4	3.3	0.0	19.6	ND	0.8
[114]	61.2	12.2	4.1	20.4	0.0	0.3	0.8
[115]	39.6	25.0	8.3	12.5	14.6	1.0	0.5
[116]	13.2	34.2	0.0	0.0	0.0	0.5	0.3
[118]	77.9	2.7	1.8	10.6	0.0	0.6	0.9

Country, Study	HIV-1 Subtypes					Mean Mutation Number Per Individual	
	B	C	F	B/F Recombinant	Other forms	Protease Gene	Reverse Transcriptase Gene
<b>Chile</b>							
[35]	NR	NR	NR	NR	NR	ND	1.0
[36]	85.0	0.0	0.0	15.0	0.0	ND	5.5
[37]	NR	NR	NR	NR	NR	ND	1.3
[38]	NR	NR	NR	NR	NR	0.3	1.3
<b>Colombia</b>							
[28]	NR	NR	NR	NR	NR	0.2	1.5
Cuba							
[21]	77.8	3.7	0.0	0.0	18.5	ND	0.5
[22]	43.6	4.0	0.0	0.0	52.4	0.5	0.8
[23]	36.5	0.0	0.0	0.0	63.5	0.02	1.4
<b>El Salvador</b>							
[29]	100.0	0.0	0.0	0.0	0.0	ND	0.8
<b>Guatemala</b>							
[84]	96.6	0.7	0.7	0.0	2.1	ND	0.6
<b>Honduras</b>							
[30]	99.0	0.0	0.0	0.0	1.0	ND	1.1
[31]	99.1	0.0	0.3	0.0	0.6	0.8	2.2
<b>Jamaica</b>							
[19]	100.0	0.0	0.0	0.0	0.0	ND	2.4
[20]	NR	NR	NR	NR	NR	ND	0.8
<b>Mexico</b>							
[25]	99.9	0.0	0.0	0.0	0.1	0.5	2.7
[51]	NR	NR	NR	NR	NR	0.9	2.9
<b>Panama</b>							
[32]	NR	NR	NR	NR	NR	ND	2.2
Peru							
[26]	100.0	0.0	0.0	0.0	0.0	0.8	0.9
<b>Dominican Republic</b>							
[17]	100.0	0.0	0.0	0.0	0.0	ND	1.0
<b>Venezuela</b>							
[49]	100.0	0.0	0.0	0.0	0.0	ND	1.3
[50]	100.0	0.0	0.0	0.0	0.0	0.1	1.0

NR – not reported.  
ND – not detected.

associated mutations were the minority, reflecting the choice of first-line drug regimens in the area, which have thymidine analogs and NNRTI, drug classes with low “genetic barrier”.

Even though PDR in Latin America and Caribbean appears to be not widespread, we still consider it a challenge for HIV clinicians due to few, relatively “outdated” studies. This, associated to the delay between sample collection dates and results publishing, lead us to hypothesize that PDR prevalence could be, in principle, underestimated.

We are aware of the review’s limitations, including the fact that it was not possible to distinguish between recently and chronically infected individuals in a suitable manner for statistical analysis. As far as we know, methodologies for infection period estimation were introduced around 2008 [82]. Since most data reviewed here were published before this date, no information regarding infection time is available. We suggest that future studies regarding PDR on Latin America and Caribbean should include infection time estimation to better assess resistance transmission in HIV-1 infected individuals.

Moreover, PDR is simply an aspect of the broader field of HIV-1 drug resistance. We decided not to include secondary resistance because we reasoned that most studies regarding this topic are retrospective, which tend to sample patients that already had therapy failure. However, to perform secondary resistance prevalence estimation, the studies needed to be prospective: including a sample of individuals starting therapy and then performing follow-up and subsequently observing how many of them presented resistance/treatment failure. This kind of study design is not generally present in primary resistance investigations. Therefore, we reasoned that reviewing secondary resistance prevalence would raise too many biases and we feared that we could obtain inaccurate results; thus, we focused our efforts only on PDR.

As pre-treatment HIV-1 genotyping is not generally available in low/medium-income countries, close monitoring of patient clinical history and treatment adherence, principally in vulnerable populations (MSM, IDU, sex workers), is still the best way to favor the therapy success, reducing the emergence and spread of HIV-1 resistant strains.

## CONFLICT OF INTEREST

The authors declare that there has been no conflict of interest.

## ACKNOWLEDGEMENTS

Antonio Coelho designed the study, collected, analyzed data and wrote the manuscript; Ronald Moura, Ronaldo da Silva, Anselmo Kamada, Rafael Guimarães and Lucas Brandão collected and summarized the data; Hemílio Coelho analyzed the data and Sergio Crovella critically revised the manuscript. All authors reviewed and approved the final manuscript version.

We thank Drs. Marcelo Rodrigo Portela Ferreira and Tatiene Correia de Souza, both from the Department of Statistics from Federal University of Paraíba (UFPB), Brazil, for additional support during time series analysis and Jailson Araújo Júnior for manuscript proofreading. We also would like to thank CAPES and FACEPE for financial support.

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Accepted: February 12, 2015