

## **Appendix - Data coverage of mental and substance use disorders and self-harm among young people in Europe**

### **Summary**

**Aim:** Gain an overview over existing data-sources for mental and substance use disorders in the population aged 10 to 24 in the European Union, Iceland, Norway, Switzerland, and United Kingdom employed in the latest iteration of the GBD study (GBD 2019).

**Methods:** Lists over GBD 2019 input data-sources for mental and substance use disorders disorders from the European Union, Iceland, Norway, Switzerland, and United Kingdom were retrieved from GHDx, and sorted by country-sex-age group. References were inserted in a table by 5-year span age-groups (10-14, 15-19 and 20-24). A reference was included in an age-group if at least one of the age-years in the group were endorsed in the reference.

**Results:** A total of 528 unique data-sources (references) for mental and substance use disorders, and self-harm, in the ages 10-24 were listed as included in GBD 2019 for countries in European Union, Iceland, Norway, Switzerland and United Kingdom, with an average of 29.7 per country. Table 1 gives an overview over number of data-sources that were included from each country. Drug use disorders was the cause with the highest number of data-sources, with an average of 16.1 references per country, followed by depressive disorders (3.8), eating disorders (2.0) and schizophrenia (1.6). None of the countries had any data-sources for Idiopathic developmental intellectual disability. Apart from this cause, only two countries (Netherlands and United Kingdom) were listed with at least one data-source for all other causes. There was large discrepancies between number of data-sources from Western-European, Central-European and Eastern-European countries. While Western-Europe had on average 36.3 data-sources per country, the corresponding numbers were 18.5 and 18.3 for Central-Europe and Eastern-Europe, respectively. Table 2 gives an overview over each reference by cause-country-sex-age-group. Data-sources were also scarce for the age-group 10-14 compared to the other age-groups.

**Conclusion:** There is still a lack of prevalence data on mental disorders among adolescents and young adults in Europe, in particular from countries in Central and Eastern Europe. Data is very scarce for the age-group 10 to 14 years. With the widespread concern around a potential increase in mental health problems among younger persons, updated high-quality data-collection from this population group should be a priority in several European countries.

Table 1. Number of data-sources for mental disorders among males and females aged 10-24 per country in the European Union, Iceland, Norway, Switzerland and United Kingdom.

Causes	Countries																															
	AU	BE	BU	CR	CY	CZ	DE	ES	FI N	FR	GE	G R	H U	IC E	IR E	IT A	LA	LI T	LU	NE	N O	PO	PT	R O	SL	SV	SP	S W	SZ	UK	Avg	
SCZ	0	0	1	0	0	1	6	0	3	3	3	0	0	0	5	0	0	0	0	4	2	0	0	0	0	0	2	6	0	13	1.6	
DEP	2	4	1	1	2	2	3	2	5	6	10	5	1	0	5	2	3	0	1	10	10	1	3	1	1	1	10	5	2	14	3.8	
BIP	1	0	1	0	0	0	3	0	2	1	4	0	0	1	4	1	0	0	0	3	1	1	1	1	0	0	3	2	0	5	1.2	
ANX	1	1	1	0	0	0	1	0	1	1	6	1	0	0	3	1	0	1	0	9	1	0	1	1	0	0	5	0	1	5	1.4	
EATING	1	1	0	0	0	0	3	0	5	5	6	1	2	0	1	1	0	0	0	5	1	0	3	1	0	0	8	6	2	7	2.0	
ASD	0	0	0	0	0	0	8	0	1	2	0	0	0	3	1	0	0	1	0	1	2	0	0	0	0	0	0	6	0	9	1.1	
ADHD	1	0	0	0	1	0	1	0	1	1	4	1	1	0	0	1	0	0	0	1	0	0	0	0	0	0	7	2	1	6	1.0	
CONDUCT	1	0	0	0	0	0	1	0	0	2	1	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	2	0.3
ID	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0	
AUD	1	2	0	2	0	0	0	1	4	2	10	0	0	1	1	0	0	0	0	5	2	1	1	1	0	0	2	17	3	7	2.1	
DUD	14	9	11	12	8	20	14	15	15	15	19	15	13	7	18	21	14	14	8	26	13	14	11	9	16	14	38	16	9	56	16.1	
SH	1	2	1	2	2	3	2	1	2	1	1	1	1	3	1	1	2	2	2	2	1	2	2	2	2	2	2	2	2	4	1.8	
All causes <sup>1</sup>	19	21	16	17	13	26	42	19	36	39	50	22	18	15	35	27	19	17	11	51	30	19	21	16	19	17	69	59	18	111	29.7	

<sup>1</sup>Number of unique references per country

#### Abbreviations:

Countries: AU=Austria, BE=Belgium, BU=Bulgaria, CR=Croatia, CY=Cyprus, CZ=Czech Republic, DE=Denmark, ES=Estonia, FIN=Finland, FR=France, GE=Germany, GR=Greece, HU=Hungary, ICE=Iceland , IRE=Ireland, ITA=Italy, LA=Latvia, LI=Lithuania, LU=Luxembourg, NE=Netherlands, NO=Norway, PO=Poland, PT= Portugal, RO=Romania, SL=Slovakia, SV=Slovenia, SP=Spain, SW=Sweden, SZ=Switzerland, UK=United Kingdom

Avg=Average

Causes: SCZ=Schizophrenia, DEP=Depressive disorders, BIP=Bipolar disorder, EATING=Eating disorders, ASD=Autism spectrum disorders, ADHD=Attention deficit hyperactivity disorders, CON=Conduct disorders, ID=Idiopathic development disorder, AUD=Alcohol use disorder, DUD=Drug use disorders, SH=Self-harm

Table 2. Overview over data-sources for mental and substance use disorders among males and females aged 10-24 in the European Union, Iceland, Norway, Switzerland and United Kingdom.

Country	Cause	Males			Females			Both sexes	10-14	15-19	20-24
		10-14	15-19	20-24	10-14	15-19	20-24				
Austria	Schizophrenia										
	Depressive disorders	1	1	2	1	1	2				
	Bipolar disorder							3	3	3	
	Anxiety disorders	1	1		1	1					
	Eating disorders	1	1		1	1					
	Autism spectrum disorders										
	Attention-deficit/ hypeactivity disorder	1	1		1	1					
	Conduct disorder	1	1		1	1					
	Idiopathic developmental intellectual disability										
	Alcohol use disorder		4	4		4					
	Drug use disorder	5-8	5-20	11-18	5-8	5-20					
	Self-harm	21	21	21	21	21					
Belgium	Schizophrenia										
	Depressive disorders		22-25	22-26		22-26	22-26				
	Bipolar disorder										
	Anxiety disorders			27			27				
	Eating disorders		28	28		28	28				
	Autism spectrum disorders										
	Attention-deficit/ hypeactivity disorder										
	Conduct disorder										
	Idiopathic developmental intellectual disability										
	Alcohol use disorder		29,30	29		29,30					
	Drug use disorder	6,7,31	6,7,9- 11,13,19,20,31 ,32	11,13,32	6,7,31	6,7,9- 11,13,19,20,31 ,32	11,13,32				
	Self-harm	33,34	33,34	33,34	33,34	33,34	33,34				
Bulgaria	Schizophrenia		35	35		35	35				

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Depressive disorders		24	24		24	24			
	Bipolar disorder		36	36						
	Anxiety disorders			27			27			
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,37	6,9- 13,19,20,32,37 ,38	11-13,32,38	6,37	6,9- 13,19,20,32,37 ,38	11-13,32			
	Self-harm	39	39	39	39	39	39			
Croatia	Schizophrenia									
	Depressive disorders		40	40		40	40			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder	41,42			41,42					
	Drug use disorder	6,7,31,37	6,7,9- 11,13,14,19,20 ,31,37,43	11,13,14	6,7,31,37	6,7,9- 11,13,14,19,20 ,31,37,43	11,13,14			
	Self-harm	44,45	44,45	44,45	44,45	44,45	44,45			
Cyprus	Schizophrenia									
	Depressive disorders	46	47	47	46	47	47			
	Bipolar disorder									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder	48			48					
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder		9-14,32,49	11-14,32,49		9-14,32,49	11-14,32,49			
	Self-harm	34,50	34,50	34,50	34,50	34,50	34,50			
Czechia	Schizophrenia		35	35		35	35			
	Depressive disorders		51,52	51,52		51,52	51,52			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9- 14,19,20,31,32 .53-60	11-14,32,53- 56,58-60	6,7,31	6,7,9- 14,19,20,31,32 .53-60	11-14,32,53- 56,58-60			
	Self-harm	34,61,62	34,61,62	34,61,62	34,61,62	34,61,62	34,61,62			
Denmark	Schizophrenia	63,64	63-68	63,65-68	63,64	63-68	63,65-68			
	Depressive disorders	69	70,71	70,71	69	70,71	70,71			
	Bipolar disorder		72,73	72,73		72,73	72,73			74
	Anxiety disorders	75	75	75	75	75	75			
	Eating disorders		76,77	76,77			76-78	76-78		
	Autism spectrum disorders	79-85	79-86	81,82,85,86	79-85	79-86	81,82,85,86			
	Attention-deficit/ hyperactivity disorder	87	87		87	87				

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Conduct disorder	88	88	88	88	88	88			
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9- 13,19,20,31,32 ,89-91	11-13,32,89-91	6,7,31	6,7,9- 13,19,20,31,32 ,89-91	11-13,32,89-91			
	Self-harm	34,92	34,92	34,92	34,92	34,92	34,92			
Estonia	Schizophrenia									
	Depressive disorders		93,94	93,94		93,94	93,94			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder					4	4			
	Drug use disorder	5-7	5-7,9- 13,19,20,32,43 ,95-97	11-13,32,95-97	5-7	5-7,9- 13,19,20,32,43 ,95-97	11-13,32,95-97			
	Self-harm	98	98	98	98	98	98			
Finland	Schizophrenia	99	99-101	99-101	99	99-101	99-101			
	Depressive disorders		102-104	102,104-106		102-104	102,104-106			
	Bipolar disorder			105			105	107	107	107
	Anxiety disorders			105			105			
	Eating disorders		108,109	105	110	108-111	105,109,110			
	Autism spectrum disorders	112	112		112	112				
	Attention-deficit/ hyperactivity disorder		113			113				
	Conduct disorder									
	Idiopathic developmental intellectual disability									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Alcohol use disorder	114	114-116	105,114-116						
	Drug use disorder	6,7,31	6,7,- 11,13,14,19,20 ,31,32,43,53,1 17,118	11,13,14,32,53 ,117,118	6,7,31	6,7,- 11,13,14,19,20 ,31,32,43,53,1 17,118	11,13,14,32,53 ,117,118			
	Self-harm	34,119	34,119	34,119	34,119	34,119	34,119			
France	Schizophrenia		120-122	120-122		120-122	120-122			
	Depressive disorders		23,26,123-126	23,26,123-127		23,26,123-126	23,26,123-127			
	Bipolar disorder		124	124		124	124			
	Anxiety disorders		128	128		128	128			
	Eating disorders	129	124,129,130	124,126,130,1 31	129	124,129,130	124,126,130,1 32			
	Autism spectrum disorders	133	28,133	28	133	28,133	28			
	Attention-deficit/ hyperactivity disorder	134			134					
	Conduct disorder	135,136	136		135,136	136				
	Idiopathic developmental intellectual disability									
	Alcohol use disorder	137	137	137,138	137	137	137,138			
	Drug use disorder	6,7,31,139	6,7,- 11,13,19,20,31 ,32,139-144	11,13,32,142- 145	6,7,31,139	6,7,- 11,13,19,20,31 ,32,139-144	11,13,32,142- 145			
	Self-harm	146	146	146	146	146	146			
Germany	Schizophrenia		35,147,148	35,147,148		35,147,148	35,147,148			
	Depressive disorders	26,149,150	23,24,26,149- 155	23,24,26,125,1 51-155	26,149,150	23,24,26,149- 155	23,24,26,125,1 51-155			
	Bipolar disorder		152,154,156,1 57	152,154,156,1 57		152,154,156,1 57	152,154,156,1 57			
	Anxiety disorders		151,152,154,1 58	151,152,154,1 55,158		151,152,154,1 58,159	151,152,154,1 55,158,159			
	Eating disorders		28,152,154	28,152,154		28,152,154,16 0-162	28,152,154,16 0			
	Autism spectrum disorders									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Attention-deficit/ hyperactivity disorder	150,163-165	150,163,164		150,163,164	150,163-165				
	Conduct disorder	150	150		150	150				
	Idiopathic developmental intellectual disability									
	Alcohol use disorder	166	152,154,166-173	152,154,166-173	166	152,154,166-173	152,154,166-173			
	Drug use disorder	6,7,31,174	6,7,9-11,13,17,19,20,31,169,174-181	11,13,17,169,174-181	6,7,31,174	6,7,9-11,13,17,19,20,31,169,174-181	11,13,17,169,174-181			
	Self-harm	182	182	182	182	182	182			
Greece	Schizophrenia									
	Depressive disorders		183-187	183-187		183-187	183-187			
	Bipolar disorder									
	Anxiety disorders		185	185		185	185			
	Eating disorders	188	188	188	188	188	188			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder	189			189					
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9-11,13,14,19,20,31,43,140,185,190,191	11,13,14,185,190,191	6,7,31	6,7,9-11,13,14,19,20,31,43,140,185,190,191	11,13,14,185,190,191			
	Self-harm	192	192	192	192	192	192			
Hungary	Schizophrenia									
	Depressive disorders	193	193		193	193				
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders	194	194			194,195	194,195			

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder		196	196		196	196			
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9- 11,13,19,20,31 ,32,43,53,197	11,13,32,53	6,7,31	6,7,9- 11,13,19,20,31 ,32,43,53,197	11,13,32,53			
	Self-harm	198	198	198	198	198	198			
Iceland	Schizophrenia									
	Depressive disorders									
	Bipolar disorder	199	199	199	199	199	199			
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders	200-202	201,202	201	200-202	201,202	201			
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		203	203						
	Drug use disorder	6,204	6,9,10,19,20,4 3,204		6,204	6,9,10,19,20,4 3,204				
	Self-harm	34,205,206	34,205,206	34,205,206	34,205,206	34,205,206	34,205,206			
Ireland	Schizophrenia		35,207-209	35,207-210		35,207-209	35,207-210			
	Depressive disorders	211	24,102,193,21 2	24,102,193,21 2	211	24,102,193,21 2	24,102,193,21 2			
	Bipolar disorder		67,207,213,21 4	67,207,213,21 4		67,207,213,21 4	67,207,213,21 4			
	Anxiety disorders	211,215	207,215	207	211,215	207,215	207			
	Eating disorders		207	207		207	207			
	Autism spectrum disorders	216			216					

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		217	217						
	Drug use disorder	6,7,31,218	6,7,9- 11,13,17,19,20 ,31,32,197,207 ,218-222	11,13,17,32,20 7,219-222	6,7,31	6,7,9- 11,13,31,32	11,13,32			
	Self-harm	223	223	223	223	223	223			
Italy	Schizophrenia									
	Depressive disorders		23,224	23,224		23,224	23,224			
	Bipolar disorder								225	225
	Anxiety disorders			224			224			
	Eating disorders		28	28		28	28			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder	226	226		226	226				
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,31,204	6,9- 11,13,14,17,19 ,20,31,32,43,5 3,140,197,204, 227-231	11,13,14,17,32 ,53,227-231	6,31,204	6,9- 11,13,14,17,19 ,20,31,32,43,5 3,140,197,204, 227-231	11,13,14,17,32 ,53,227-231			
	Self-harm	232	232	232	232	232	232			
Latvia	Schizophrenia									
	Depressive disorders		233-235	233-235		233-235	233-235			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	5,6,204	5,6,9- 11,13,14,19,20 ,32,43,140,197 ,204	11,13,14,32	5,6,204	5,6,9- 11,13,14,19,20 ,32,43,140,197 ,204	11,13,14,32			
	Self-harm	34,236	34,236	34,236	34,236	34,236	34,236			
Lithuania	Schizophrenia									
	Depressive disorders									
	Bipolar disorder									
	Anxiety disorders	237	237		237	237				
	Eating disorders									
	Autism spectrum disorders	237	237		237	237				
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9- 11,13,14,19,20 ,31,32,43,197, 238	11,13,14,32,23 8	6,7,31	6,7,9- 11,13,14,19,20 ,31,32,43,197, 238	11,13,14,32,23 8			
	Self-harm	34,239	34,239	34,239	34,239	34,239	34,239			
Luxembourg	Schizophrenia									
	Depressive disorders		240	240		240	240			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7 9,20,228	6,7,11,14,17,1 9,20,228	11,14,17,228	6,7 9,20,228	6,7,11,14,17,1 9,20,228	11,14,17,228			
	Self-harm	34,241	34,241	34,241	34,241	34,241	34,241			
Netherlands	Schizophrenia		35,242,243	35,242-244		35,242,243	35,242-244			
	Depressive disorders	245 45-250	23,24,26,242,2 46-250	23,24,26,242,2 46-250	245	23,24,26,242,2 45-250	23,24,26,242,2 46-250			
	Bipolar disorder		242,246,247	242,246,247		242,246,247	242,246,247			
	Anxiety disorders	245	242,245- 248,251-253	242,246- 248,250-253	245	242,245- 248,251-253	242,246- 248,250-253			
	Eating disorders	245,254	28,242,245,25 4,255	28,242,254	245,254	28,242,245,25 4,255	28,242,254			
	Autism spectrum disorders	256	256		256	256				
	Attention-deficit/ hyperactivity disorder	245	245		245	245				
	Conduct disorder	245	245		245	245				
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		246,257-260	246,257-260		246,257-260	246,257-260			
	Drug use disorder	261-268	9- 11,13,14,17,19 ,264-276 ,20,32,197,261 -276	11,13,14,17,32	261-268	9- 11,13,14,17,19 ,264-276 ,20,32,197,261 -276	11,13,14,17,32			
	Self-harm	277,278	277,278	277,278	277,278	277,278	277,278			
Norway	Schizophrenia		279	279,280		279	279,280			
	Depressive disorders	281	102,282-289	102,282,284,2 87-290	281	102,282-289	102,282,284,2 87-290			
	Bipolar disorder		289	289		289	289			

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Anxiety disorders			291			291			
	Eating disorders					292	292			
	Autism spectrum disorders	293,294			293,294					
	Attention-deficit/ hypeactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		284,288	284,288		284,288	284,288			
	Drug use disorder	204,295	9- 11,13,14,32,29 .204,295-299	5-300	204,295	9- 11,13,14,19,32 .204,295-299	5-300			
	Self-harm	301	301	301	301	301	301			
Poland	Schizophrenia									
	Depressive disorders		302	302		302	302			
	Bipolar disorder							303	303	303
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hypeactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		304	304		304	304			
	Drug use disorder	6,7,31	6,7,9- 11,13,19,20,31 .32,43,140,197 .305	11,13,32	6,7,31	6,7,9- 11,13,19,20,31 .32,43,140,197 .305	11,13,32			
	Self-harm	34,306	34,306	34,306	34,306	34,306	34,306	34,306		
Portugal	Schizophrenia									
	Depressive disorders	307	24,308	24,308	307	24,308	24,308			
	Bipolar disorder		309	309		309	309			
	Anxiety disorders		309	309		309	309			

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Eating disorders	310	28,310	28,310	310,311	28,310,311	28,310,311			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder					4	4			
	Drug use disorder	6,31,204,312	6,9- 11,13,19,20,31 ,32,197,204	11,13,32	6,31,204,312	6,9- 11,13,19,20,31 ,32,197,204	11,13,32			
	Self-harm	313,314	313,314	313,314	313,314	313,314	313,314			
Romania	Schizophrenia									
	Depressive disorders		24	24		24	24			
	Bipolar disorder		36	36		36	36			
	Anxiety disorders			27						
	Eating disorders		28	28		28	28			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder			38						
	Drug use disorder	6,7	6,7,9- 11,13,19,20,32	11,13,32	6,7	6,7,9- 11,13,19,20,32	11,13,32			
	Self-harm	34,315	34,315	34,315	34,315	34,315	34,315			
Slovakia	Schizophrenia									
	Depressive disorders		316	316		316	316			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,317	6,7,9- 11,13,14,19,20 ,32,53,140,317 -320	11,13,14,32,53 ,317,318,320	6,7,317	6,7,9- 11,13,14,19,20 ,32,53,140,317 -320	11,13,14,32,53 ,317,318,320			
	Self-harm	34,321	34,321	34,321	34,321	34,321	34,321			
Slovenia	Schizophrenia									
	Depressive disorders		322	322		322	322			
	Bipolar disorder									
	Anxiety disorders									
	Eating disorders									
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder									
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder									
	Drug use disorder	6,7,31	6,7,9- 11,13,14,19,20 ,31,32,43,197, 323	11,13,14,32,32 3	6,7,31	6,7,9- 11,13,14,19,20 ,31,32,43,197, 323	11,13,14,32,32 3			
	Self-harm	34,324	34,324	34,324	34,324	34,324	34,324			
Spain	Schizophrenia	325,326	325,326	325,326	325,326	325,326	325,326			
	Depressive disorders	327-329	23,26,102,330- 333	23,26,102,331- 333	327-329	23,26,102,330- 333	23,26,102,331- 333			
	Bipolar disorder		331	331		331	331	334	334,335	334,335
	Anxiety disorders	336	330,331,333,3 37	331,333,337	336	330,331,333,3 37	331,333,337			

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Eating disorders	338-341	28,330,338-340	28,339,340	338-343	28,330,338-343	28,339,340,343			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder	344-350	345,348-350		344-350	345,348-350				
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		351,352	351,352		351,352	351,352			
	Drug use disorder	6,7,31,353-360	6,7,11,13,14,1 9,20,31,32,197 ,351,353-378	11,13,14,32,35 1,360-377,379	6,7,31,353-360	6,7,11,13,14,1 9,20,31,32,197 ,351,353-378	11,13,14,32,35 1,360-377,379			
	Self-harm	380,381	380,381	380,381	380,381	380,381	380,381			
Sweden	Schizophrenia		382-387	382-387		382,385-387	382,385-387			
	Depressive disorders		384,388-390	384,389-391		388-390	389-391			
	Bipolar disorder			392,393			392,393			
	Anxiety disorders									
	Eating disorders	394	394,395	394,395	394,396,397	394-399	394-399			
	Autism spectrum disorders	385,400-404	401-404	401-404	385,400-404	401-404	401-404			
	Attention-deficit/ hyperactivity disorder	405,406	406	406	405,406	406	406			
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder	407	391,407-418	391,407-419	407	391,407,409,4 11-418	391,407,409,4 11-421		422	422
	Drug use disorder		9- 11,13,19,20,43 ,140,197,423- 429	9,11,13,423,42 4,426-429		9- 11,13,19,20,43 ,140,197,423- 429	9,11,13,423,42 4,426-429			
	Self-harm	430,431	430,431	430,431	430,431	430,431	430,431			
Switzerland	Schizophrenia									
	Depressive disorders		432,433	432,433		432,433	432,433			
	Bipolar disorder									

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Anxiety disorders		432	432		432	432			
	Eating disorders	434	432,434	432	434	432,434	432			
	Autism spectrum disorders									
	Attention-deficit/ hyperactivity disorder	435	435		435	435				
	Conduct disorder									
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		4,436,437	4,436,437		4,436	4,436			
	Drug use disorder	6,7,31	6,7,9,10,19,20, 31,197	438	6,7,31	6,7,9,10,19,20, 31,197				
	Self-harm	34,439	34,439	34,439	34,439	34,439	34,439			
United Kingdom	Schizophrenia	440	35,214,440- 449	35,214,440- 449	440	35,214,440- 450	35,214,440- 450			
	Depressive disorders	451-453	26,102,213,45 1-461	26,102,213,45 4-459,461	451-453	26,102,213,45 1-461	26,102,213,45 4-459,461			
	Bipolar disorder		213,462,463	213,462,463		213,462,463	213,462,463	464	464,465	464,465
	Anxiety disorders	453,466	213,453,455,4 60,466	213,455	453,466	213,453,455,4 60,466	213,455			
	Eating disorders	467,468	28,460,467- 470	28,467-470	467,468	28,460,467- 472	28,467-472			
	Autism spectrum disorders	473-479	473- 475,477,480,4 81	480,481	473-479	473- 475,477,480,4 81	480,481			
	Attention-deficit/ hyperactivity disorder	453,466,482- 485	453,466,482,4 84		453,466,482- 485	453,466,482,4 84				
	Conduct disorder	453,466	453,466		453,466	453,466				
	Idiopathic developmental intellectual disability									
	Alcohol use disorder		455,458,481,4 86-489	455,458,481,4 86-489	455,458,481,4 87-489	455,458,481,4 87-489				

Country	Cause	Males			Females			Both sexes		
		10-14	15-19	20-24	10-14	15-19	20-24	10-14	15-19	20-24
	Drug use disorder	6,31,204,295,4 53,490-499	6,10,11,13,14, 19,20,31,32,19	11,13,14,32,21 9,220,269,456, 7,204,219,220, 269,295,453,4 56,457,481,49 0-523	6,31,204,295,4 53,490- 499,524	6,10,11,13,14, 19,20,31,32,19 7,204,219,220, 269,295,453,4 56,457,481,49 0-507,509-524	11,13,14,32,21 9,220,269,456, 457,481,500- 507,509-522			
	Self-harm	525-528	525-528	525-528	525-528	525-528	525-528			

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## Authors' Contributions

### Contributions to be included in appendix at the above location:

#### **Providing data or critical feedback on data sources**

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#### **Development of methods or computational machinery**

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