

Supplement Table 1. Prevalence, Incidence, Years Lived with Disability (YLDs) and Years of Life Lost (YLLs), where available, for mental disorders, substance abuse and self-harm in European Union, Iceland, Norway and Switzerland, years 1990-2019, males and females, age 10-24, rates and percentage change over time

		Rates per 100,000 population (95% Uncertainty Intervals)			Rates per 100,000 population (95% Uncertainty Intervals)		
		Males			Females		
		1990	2019	Change %	1990	2019	Change %
Mental disorders							
Anxiety disorders	Prevalence	4,287.0 (3,116.0 ; 5,723.9)	4,625.2 (3,466 ; 5,965.2)	5.9 (1.9 ; 10.3)	8,101.2 (5,951ADHD ; 10,694.6)	8,627.4 (6,500.7 ; 11,030.6)	4.5 (-0.1 ; 9.3)
	YLDs	425.5 (268.7 ; 629.3)	459.4 (300 ; 658)	6 (1.3 ; 11.1)	794.5 (510.6 ; 1,155.6)	846.5 (562.6 ; 1,195.9)	4.5 (-0.4 ; 9.5)
ADHD	Prevalence	3,502.9 (2,514 ; 4,723.3)	3,761.8 (2,769.7 ; 5,006.1)	5.3 (0.0 ; 11.5)	1,370.6 (993.3 ; 1,841.5)	1,480.7 (1,089.9 ; 1,952.9)	5.9 (0.5 - 11.8)
	YLDs	42.8 (24 ; 71.4)	46.0 (26.4 ; 75.4)	5.4 (-0.8 ; 12.2)	16.7 (9.1 ; 28.1)	18.0 (29.5 ; 10.1)	5.9 (-1.4 ; 12.8)
ASD	Prevalence	909.8 (801.3 ; 1,025.8)	957.0 (874.2 ; 1,043.3)	3.2 (1.9 ; 4.6)	207.2 (177.6 ; 239.8)	212.9 (190 ; 237.3)	0.9 (-0.8 ; 2.6)
	YLDs	141.0 (96 ; 195.5)	148.3 (104.8 ; 199.3)	3.2 (0.3 ; 6.3)	31.9 (20.1 ; 46.7)	32.8 (21.5 ; 46.4)	0.9 (-5 ; 6.8)
Bipolar disorder	Prevalence	722.0 (528.4 ; 944.6)	749.7 (570.2 ; 948.6)	1.9 (-1.2 ; 5)	914.2 (669.4 ; 1,193.1)	946.5 (719 ; 1,192.2)	1.6 (-2.1 ; 5.4)
	YLDs	162.2 (88 ; 256.8)	168.6 (95.6 ; 258.3)	2 (-3.3 ; 7.5)	202 (111.3 ; 317.4)	209.0 (120 ; 320.3)	1.6 (-3.3 ; 7.1)
Conduct disorders	Prevalence	2,312.4 (1,750.3 ; 2,937.3)	2,410.1 (1,889.8 ; 2,962.8)	2.3 (1.1 - 3.7)	1,345.5 (919.8 ; 1,861.2)	1,422.8 (1,005.2 ; 1,906.2)	3.8 (2.1 ; 5.1)
	YLDs	281.4 (164.4 ; 432.8)	293.3 (177.6 ; 436.9)	2.3 (-0.3 ; 5)	162.3 (87.2 ; 262.7)	171.8 (95.1 ; 269.2)	3.8 (0.6 ; 7.5)
Depressive disorders	Prevalence	2,309.5 (1,805.8 ; 2,866.3)	2,220.1 (1,746.8 ; 2,755.6)	-5.8 (-11 ; 0.1)	3,976.5 (3,136.7 ; 4,899.7)	3,994.8 (3,108.4 ; 4,943.9)	-1.6 (-7.7 ; 5.1)
	YLDs	422.3 (272.2 ; 614)	403.8 (261.9 ; 584.2)	-6.4 (-12.3 ; 0.8)	741.5 (482 ; 1,072.3)	745.7 (484.1 ; 1,077.5)	-1.5 (-8.4 ; 5.5)
Eating disorders	Prevalence	259 (390.8 ; 155.4)	310.7 (194.7 ; 452.7)	17.8 (10.7 ; 25.8)	951.1 (648.8 ; 1,340.2)	1,113.8 (782.2 ; 1,540.9)	14.8 (8.1 ; 21)
	YLDs	55.9 (29.6 ; 93)	67.1 (36.8 ; 109.1)	17.9 (10.7 ; 25.9)	203.1 (118 ; 317.7)	237.9 (142.7 ; 364.6)	14.9 (8.2 ; 20.8)
	YLLs	0.2 (0.1 ; 0.3)	0.1 (0.0 ; 0.2)	-66 (-81.7 ; -36.5)	1.8 (1.2 ; 2.7)	2.5 (1.6 ; 4)	42.6 (9.7 ; 80.2)
IDID	Prevalence	699.6 (288.3 ; 1,070.7)	477.9 (146.1 ; 767.7)	-34.6 (-52.2 ; -26.5)	760.2 (427.3 ; 1,057.8)	557.2 (283.6 ; 779.6)	-28.7 (-37.4 ; -23.6)
	YLDs	31.1 (11.6 ; 53.8)	21.9 (6.6 ; 38.7)	-32.1 (-45.4 ; -24.5)	34.3 (16.8 ; 55.3)	25.8 (12.1 ; 41.4)	-26.4 (-33.3 ; -21.2)
Schizophrenia	Prevalence	100 (69.3 ; 138.1)	96.8 (69 ; 131.4)	-5.1 (-8.4 ; -1.7)	86.3 (58.6 ; 121.6)	83.5 (58.3 ; 115.3)	-5.1 (-8 ; -2)
	YLDs	67	65.1	-4.7	56.8	55.1	-4.8

		(38.2 ; 103.4)	(38.2 ; 99.3)	(-14.2 ; 4.8)	(31.1 ; 89.8)	(31.2 ; 84.7)	(-14.3 ; 4.2)
Other mental disorders	Prevalence	774.6 (521.4 ; 1,041)	779.1 (543.2 ; 1,014.1)	-1.3 (-1.8 ; -0.8)	465.5 (295.1 ; 648.5)	462.2 (303.9 ; 623.9)	-2.6 (-3.1 ; -2)
	YLDs	60 (31.8 ; 95)	60.4 (33.3 ; 92.9)	-1.2 (-7.5 ; 5.5)	35.6 (18 ; 57.7)	35.3 (18.5 ; 55.6)	-2.6 (-10.2 ; 5.7)
	Substance use disorders						
Alcohol use disorders	Prevalence	2,502.5 (1,686.7 ; 3,446.3)	2,295.2 (1,561.2 ; 3,122.8)	-10.2 (-17.6 ; -4.7)	1,154.9 (743.5 ; 1,642.4)	1,153.5 (757 ; 1,603.3)	-2.1 (-6.4 ; 2.7)
	YLDs	257.3 (151.2 ; 401.3)	236.1 (141.0 ; 364.6)	-10.9 (-17.7 ; -3.9)	117.1 (66 ; 186.9)	116.8 (66.6 ; 183.2)	-2.3 (-8.6 ; 3.5)
	YLLs	21.1 (17.7 ; 24.9)	15.0 (11.8 ; 18.7)	-29.8 (-40.7 ; -20.1)	3.9 (3.1 ; 4.8)	3.2 (2.5 ; 3.9)	-19.7 (-8.3 ; -30.8)
Drug use disorders	Prevalence	2,686.8 (2,110 ; 3,411.6)	2,700.2 (2,279.4 ; 3,226.3)	-1.1 (-7.7 - 5.2)	1,559.8 (1,211.1 ; 2,013.1)	1,566.3 (1,312.8 ; 1,873.3)	-1.1 (-9.3 ; 7.3)
	YLDs	268.4 (182.4 ; 367.1)	308.6 (218.2 ; 408.8)	12.9 (5.4 ; 21.6)	153.0 (100.1 ; 215.5)	192.5 (131.7 ; 261.4)	23.6 (11.8 ; 37.2)
	YLLs	120.8 (102.5 ; 141.6)	101.2 (80.9 ; 126.8)	-17.6 (-27.7 ; -3.3)	32.0 (27.4 ; 37.5)	30.7 (25.6 ; 36.9)	-5.7 (-14.7 ; 3.9)
Self-harm							
	Prevalence	59.8 (45.9 ; 74.1)	43.6 (34.4 ; 52.7)	-28.6 (-30.5 ; -26.8)	60.9 (46.3 ; 76.7)	48.8 (38.2 ; 59.8)	-21.4 (-24.4 ; -18.4)
	YLDs	4.1 (2.8 ; 5.5)	2.8 (2 ; 3.7)	-32.7 (-35.7 ; -29.8)	4.5 (3 ; 6.2)	3.4 (2.4 ; 4.6)	-25.6 (-29.8 ; -21.3)
	YLLs	772.9 (728.7 ; 819.2)	494.0 (447.9 ; 545.1)	-37.3 (-41.5 ; -31.9)	220.4 (203.0 ; 239.5)	134.7 (120.4 ; 150.9)	-40 (-44.0 ; -36.0)

YLDs, years lived with a disability; YLLs Years of Life Lost; ADHD, Attention deficit/hyperactivity disorder; ASD Autism spectrum disorders; IDID Idiopathic developmental intellectual disability

Supplement Table 2: Prevalence, Incidence, Years Lived with Disability (YLDs) and Years of Life Lost (YLLs), where available, for mental disorders, substance abuse and self-harm in European Union, Iceland, Norway and Switzerland, years 1990-2019, males and females, age 10-14, rates and percentage change over time

		Rates per 100,000 population (95% Uncertainty Intervals)			Rates per 100,000 population (95% Uncertainty Intervals)		
		Males			Females		
		1990	2019	Change %	1990	2019	Change %
Mental disorders							
Anxiety disorders	Prevalence	3,793.5 (2,592.8 ; 5,187.9)	4,159.5 (2,944.8 ; 5,454.7)	7.7 (2.8 ; 12.8)	7,110.1 (4,929 ; 9,638.9)	7,728.3 (5,523.6 ; 10,049.1)	6.8 (1.5 ; 12)
	YLDs	380.0 (230.6 ; 576.3)	416.4 (262.2 ; 610.4)	7.7 (1 ; 14.1)	708.0 (436.4 ; 1,050.7)	770.1 (490.3 ; 1,108.4)	6.8 (0.3 ; 13)
ADHD	Prevalence	4,948.4 (3,503.9 ; 6,631.5)	5,378.0 (3,897.2 ; 7,130.3)	6.6 (0.5 ; 14)	1,851.5 (1,328.9 ; 2,480.2)	2,005.7 (1,455.9 ; 2,636.8)	6.2 (0.5 ; 12.6)
	YLDs	60.6 (34.4 ; 100.6)	65.9 (38 ; 108.5)	6.7 (-1.2 ; 15)	22.6 (12.5 ; 37.9)	24.5 (13.8 ; 40.1)	6.3 (-2.4 ; 15.6)
ASD	Prevalence	920.9 (812.6 ; 1,036.5)	980.8 (896.8 ; 1,068.6)	4.6 (3.2 ; 6)	211.6 (181.2 ; 244.3)	218.3 (194.6 ; 243)	1.3 (-0.4 ; 3.1)
	YLDs	143.7 (98.4 ; 199.2)	153.1 (107.7 ; 205.7)	4.6 (0.1 ; 9.2)	32.9 (20.7 ; 48.1)	34.0 (22.3 ; 48)	1.6 (-6.3 ; 9.3)
Bipolar disorder	Prevalence	234.3 (159.9 ; 323.7)	254.4 (179.9 ; 338.1)	6.7 (2.7 ; 10.9)	276.9 (186.8 ; 383.3)	302.5 (211.9 ; 403.6)	7.4 (2.4 ; 12.4)
	YLDs	53.2 (25.4 ; 90)	57.9 (29 ; 94.9)	7.1 (-6.2 ; 21.9)	62.5 (29.5 ; 104)	68.4 (34.3 ; 110.5)	7.9 (-5 ; 22.5)
Conduct disorders	Prevalence	4,246.5 (3,244.4 ; 5,335.9)	4,329.2 (3,418 ; 5,273.2)	0.1 (-1 ; 1.3)	2,632.1 (1,816.9 ; 3,548.6)	2,692.3 (1,916.7 ; 3,525.9)	0.4 (-0.9 ; 1.7)
	YLDs	519.3 (306.9 ; 798.1)	529.6 (322.1 ; 789.1)	0.2 (-2.9 ; 3.4)	319.7 (174.7 ; 519.1)	327.2 (183.9 ; 514.1)	0.5 (-3.3 ; 4.9)
Depressive disorders	Prevalence	1,014.7 (714.9 ; 1,366.5)	1,042.6 (730.8 ; 1,398.5)	0.6 (-7.7 ; 8.6)	1,854.4 (1,328 ; 2,440.1)	1,942.3 (1,356.4 ; 2,598.9)	2.4 (-7.2 ; 12.1)
	YLDs	193.7 (113.7 ; 305.6)	199.5 (118.1 ; 311.2)	0.8 (-9.4 ; 10.6)	360.4 (216.6 ; 560)	378.3 (223.6 ; 589.4)	2.5 (-8.7 ; 13.5)
Eating disorders	Prevalence	105.7 (56.6 ; 168.6)	129.6 (75.2 ; 198.1)	20.7 (4.3 ; 39)	331.1 (202.3 ; 503)	401.1 (251.9 ; 600.1)	18.7 (6.1 ; 29.9)
	YLDs	23.0 (11 ; 39.5)	28.2 (14.1 ; 46.9)	20.7 (4.2 ; 38.8)	71.7 (38.2 ; 116.4)	86.9 (47.4 ; 139.1)	18.7 (5.9 ; 29.9)
	YLLs	-	-	-	0.2 (0.1 ; 0.4)	0.3 (0.1 ; 0.6)	25.3 (-26.0 ; 102.7)
IDID	Prevalence	738.1 (309.4 ; 1,121.9)	495.4 (152.9 ; 794.5)	-35.7 (-53.3 ; -27.6)	800.2 (459.2 ; 1,105.1)	580.9 (300.8 ; 808.5)	-29.3 (-38.1 ; -24.3)
	YLDs	32.5 (12.2 ; 55.9)	22.7 (6.8 ; 40.2)	-32.7 (-47.3 ; -24)	36.2 (18 ; 58.3)	27.2 (13 ; 43.4)	-26.7 (-35.1 ; -19.3)
Schizophrenia	Prevalence	6.8 (3.3 ; 11.7)	6.7 (3.4 ; 11.2)	-2.3 (-6 ; 1.6)	6.1 (3 ; 10.6)	6.2 (3.2 ; 10.4)	-0.3 (-3.9 ; 3.2)
	YLDs	4.8 (2.3 ; 8.4)	4.8 (2.3 ; 8.1)	-2.3 (-6 ; 1.6)	4.3 (2.1 ; 7.6)	4.4 (2.1 ; 7.5)	-0.3 (-3.9 ; 3.2)

Other mental disorders	Prevalence	90.4 (59.5 ; 123)	93.8 (63.9 ; 123.6)	1.9 (1 ; 2.8)	53.8 (33.1 ; 75.9)	55.5 (35.4 ; 75.8)	1.2 (0.0 ; 2.4)
	YLDs	7.2 (3.7 ; 1.6)	7.5 (3.9 ; 11.8)	2.2 (-8.5 ; 14.2)	4.3 (2.2 ; 7)	4.4 (2.4 ; 7)	1.3 (-5.2 ; 7.7)
Substance use disorders							
Alcohol use disorders	Prevalence	115.8 (67.2 ; 183.3)	116.1 (69.6 ; 180)	-1.6 (-5.7 ; 2.8)	98.9 (57.4 ; 155.5)	101.4 (60.7 ; 155.8)	0.5 (-7.4 ; 6.5)
	YLDs	11.9 (5.5 ; 21.4)	11.9 (5.7 ; 21.2)	-1.6 (-13 ; 10.7)	10.2 (4.6 ; 18.4)	10.4 (4.8 ; 18.2)	0.5 (-13.0 ; 14.5)
Drug use disorders	Prevalence	300.5 (180.5 ; 455.6)	270.8 (174.9 ; 390.9)	-11.0 (-21.2 ; 0.8)	177.9 (105 ; 270)	162.9 (104.3 ; 231.7)	-9.4 (-21.3 ; 5.5)
	YLDs	10.9 (5.6 ; 18.6)	10.9 (6 ; 17.1)	-1.3 (-17.4 ; 18.2)	6.5 (3.2 ; 11.1)	6.6 (3.6 ; 10.3)	0.4 (-19.1 ; 22)
Self-harm							
	Incidence	27.3 (14.6 ; 47.1)	20.8 (10.2 ; 38.9)	-37.2 (-44.2 ; -30.0)	42.7 (21.0 ; 78.3)	39.1 (17.9 ; 75.8)	-24.2 (-31.0 ; -18.7)
	YLDs	0.6 (0.4 ; 0.8)	0.4 (0.3 ; 0.6)	-30.0 (-34.6 ; -24.9)	0.9 (0.6 ; 1.2)	0.7 (0.5 ; 1)	-18.6 (-24.1 ; -12.9)
	YLLs	111.2 (93.9 ; 130.4)	52.6 (40.5 ; 66.9)	-53.5 (-59.8 ; -45.5)	38.0 (31.2 ; 46.2)	22.1 (17.5 ; 27.4)	-42.8 (-50.9 ; -33.9)

YLDs, years lived with a disability; YLLs Years of Life Lost; ADHD, Attention deficit/hyperactivity disorder; ASD Autism spectrum disorders; IDID Idiopathic developmental intellectual disability

Supplement Table 3· Prevalence, Incidence, Years Lived with Disability (YLDs) and Years of Life Lost (YLLs), where available, for mental disorders, substance abuse and self-harm in European Union, Iceland, Norway and Switzerland, years 1990-2019, males and females, age 15-19, rates and percentage change over time

		Rates per 100,000 population (95% Uncertainty Intervals)			Rates per 100,000 population (95% Uncertainty Intervals)		
		Males			Females		
		1990	2019	Change %	1990	2019	Change %
Mental disorders							
Anxiety disorders	Prevalence	4,617.5 (3,535.2 ; 5,995.5)	5,009.4 (3,928.9 ; 6,269.9)	6.5 (2.4 ; 10.9)	8,688.2 (6,649.3 ; 11,105.8)	9,336.3 (7,326.6 ; 11,585.9)	5.5 (0.8 ; 10.4)
	YLDs	457.7 (300.6 ; 658.8)	497.0 (335.3 ; 691.7)	6.6 (0.6 ; 12.6)	851.4 (566.1 ; 1,208.8)	914.5 (630 ; 1,256.4)	5.4 (-0.2 ; 10.9)
ADHD	Prevalence	3,515.1 (2,552.8 ; 4,716.1)	3,677.4 (2,740.5 ; 4,862.2)	2.6 (-2.4 ; 8.4)	1,390.2 (1,014.7 ; 1,846.5)	1,467.3 (1,088.1 ; 1,926.4)	3.5 (-2.0 ; 9)
	YLDs	42.9 (23.9 ; 71.8)	44.9 (25.8 ; 73.5)	2.6 (-4.3 ; 10.3)	16.9 (9.2 ; 28.5)	17.8 (10 ; 29.1)	3.4 (-6.6 ; 13)
ASD	Prevalence	909.9 (803.1 ; 1,024.5)	956.6 (874.6 ; 1,042)	3.2 (1.8 ; 4.6)	207.1 (177.7 ; 239.3)	212.7 (189.9 ; 236.9)	0.8 (-0.9 ; 2.6)
	YLDs	140.8 (95.6 ; 194.7)	148.0 (105.1 ; 198.6)	3.2 (-1.8 ; 8.1)	31.8 (20.1 ; 46.5)	32.7 (21.5 ; 46)	0.9 (-8.6 ; 11.2)
Bipolar disorder	Prevalence	864.1 (617.8 ; 1,157.2)	919.3 (682.5 ; 1,188.6)	4.5 (0.9 ; 8.1)	1,051.6 (750.8 ; 1,409.2)	1,126.6 (831.8 ; 1,452.7)	5.2 (0.9 ; 9.6)
	YLDs	194.4 (103.3 ; 308.2)	206.8 (115.8 ; 318.1)	4.6 (-3.2 ; 12.5)	233.2 (126.9 ; 369.9)	249.7 (141.3 ; 387.3)	5.2 (-2.4 ; 13.2)
Conduct disorders	Prevalence	2,931.8 (2,197.6 ; 3,769.1)	3,003.8 (2,332.5 ; 3,741.3)	0.6 (-1 ; 2.1)	1,581.5 (1,068.2 ; 2,268.6)	1,622.2 (1,131.4 ; 2,256.0)	0.6 (-1.2 ; 2.6)
	YLDs	354.5 (204.3 ; 544)	362.9 (218.4 ; 540)	0.5 (-3.4 ; 4.2)	188.9 (99.1 ; 303)	193.5 (104.5 ; 302.1)	0.6 (-4.4 ; 6.3)
Depressive disorders	Prevalence	2,418.5 (1,913.8 ; 2,966.1)	2,368.5 (2,920.6 ; 1,873.4)	-4.1 (-10.8 ; 2.9)	4,292.6 (3,430.1 ; 5,233.1)	4,413.8 (3,498.6 ; 5,414)	0.7 (-6.7 ; 8.4)
	YLDs	447.9 (290.7 ; 654)	436.7 (284.5 ; 635.9)	-4.6 (-12.8 ; 3.6)	809.2 (528.3 ; 1,169.7)	832.8 (548.4 ; 1,199.2)	0.7 (-7.6 ; 9.1)
Eating disorders	Prevalence	290.1 (182.7 ; 440.9)	356.3 (233.6 ; 522.3)	20.6 (9 ; 32.3)	1,070.7 (1,574.8 ; 741.2)	1,269.2 (897.6 ; 1,851.5)	16.1 (5.7 ; 24.6)
	YLDs	62.7 (33.9 ; 104)	77.0 (42.7 ; 126.4)	20.6 (9.1 ; 32.5)	229.3 (131.3 ; 370.9)	271.8 (159.7 ; 431.9)	16.1 (5.7 ; 24.8)
	YLLs	-	-	-	2.0 (1.3 ; 3.1)	2.8 (1.6 ; 4.9)	26.8 (35.8 ; 19.5)
IDID	Prevalence	703.7 (289.7 ; 1,076.7)	479.2 (145.6 ; 770.7)	-34.8 (-52.5 ; -26.8)	766.7 (431.7 ; 1,066)	558.3 (283.3 ; 781.5)	-29.2 (-38.1 ; -24)
	YLDs	31.1 (11.5 ; 54)	21.9 (6.5 ; 38.6)	-32.2 (-46.0 ; -23.3)	34.5 (16.9 ; 55.5)	25.8 (12 ; 41.3)	-43.6 (-1.8 ; -10.2)
Schizophrenia	Prevalence	59.2 (39.8 ; 85.9)	58.6 (40.4 ; 82.9)	-2.9 (-5.7 ; 0.4)	52 (34.4 ; 76.2)	52.3 (35.4 ; 74.5)	-1.2 (-4.2 ; 1.9)
	YLDs	39.8 (18.6 ; 67.5)	39.6 (18.7 ; 65.6)	-2.0 (-20.7 ; 18)	34.6 (15.2 ; 59.3)	34.8 (16 ; 58.3)	-0.8 (-19 ; 20.4)

Other mental disorders	Prevalence	618.0 (407.4 ; 839.8)	641.2 (438.0 ; 843.2)	1.9 (1 ; 2.8)	367.5 (225.6 ; 517.9)	379.1 (241.7 ; 517.4)	1.3 (0.3 ; 2.3)
	YLDs	48.0 (24.1 ; 77.5)	49.7 (25.6 ; 78.2)	1.9 (-0.8 ; 14.7)	28.1 (13 ; 47.9)	29.1 (13.8 ; 47.7)	1.8 (-13.1 ; 18)
Substance use disorders							
Alcohol use disorders	Prevalence	1,776.2 (1,192.5 ; 2,441.4)	1,710.1 (1,156.5 ; 2,313.9)	-5.8 (-12.7 ; -0.2)	945.8 (635.9 ; 1,290.8)	970.6 (663.1 ; 1,297.9)	0.6 (-4.1 ; 5.4)
	YLDs	182.9 (104.4 ; 283.9)	176.2 (101.6 ; 270.2)	-5.7 (-14.3 ; 2.1)	96.4 (54.5 ; 149.7)	98.7 (56.2 ; 150.3)	0.4 (-9.2 ; 9.8)
	YLLs	16.2 (13 ; 19.8)	11.3 (8.6 ; 14.4)	-31.2 (-44.7 ; -19.3)	4.2 (3.4 ; 5.3)	3.1 (2.5 ; 3.8)	-28.5 (-41.4 ; -15.2)
Drug use disorders	Prevalence	3,589.0 (2,716 ; 4,729.2)	3,472.4 (2,881.9 ; 4,271.5)	-4.6 (-12.3 ; 3.1)	2,125.6 (1,597.1 ; 2,864.3)	2,063.7 (1,704.1 ; 2,532)	-4.1 (-13.1 ; 5.5)
	YLDs	243.2 (161.8 ; 342.5)	278.7 (194.3 ; 379.6)	12.6 (1.8 ; 23.9)	140.0 (89.9 ; 202.5)	169.7 (114.1 ; 234.5)	19.3 (4.9 ; 35.4)
	YLLs	77.8 (64.5 ; 93.4)	70.0 (53.8 ; 92.6)	-11.3 (-25 ; 10.1)	29.0 (24.5 ; 34.5)	31.5 (26.2 ; 38.1)	6.9 (-4.6 ; 19.6)
Self-harm							
	Incidence	115.8 (82.0 ; 158.4)	85.7 (56.8 ; 124.9)	-42.9 (-47.3 ; -38.6)	131.3 (87.1 ; 186.9)	111.2 (67.6 ; 168.7)	-35.8 (-42.0 ; -30.4)
	YLDs	3.1 (2.2 ; 4.2)	2.2 (1.5 ; 2.9)	-32.0 (-35.6 ; -28.3)	3.8 (2.6 ; 5.3)	3.0 (2.1 ; 4.1)	-21.2 (-26.2 ; -15.6)
	YLLs	728 (679.5 ; 778.3)	473.8 (422.9 ; 530.6)	-36.1 (-42.1 ; -29.4)	242.9 (221.3 ; 266.3)	162.3 (143.3 ; 183.6)	-34.4 (-40.5 ; -27.9)

YLDs, years lived with a disability; YLLs Years of Life Lost; ADHD, Attention deficit/hyperactivity disorder; ASD Autism spectrum disorders; IDID Idiopathic developmental intellectual disability

Supplement Table 4· Prevalence, Incidence, Years Lived with Disability (YLDs) and Years of Life Lost (YLLs), where available, for mental disorders, substance abuse and self-harm in European Union, Iceland, Norway and Switzerland, years 1990-2019, males and females, age 20-24, rates and percentage change over time

		Rates per 100,000 population (95% Uncertainty Intervals)			Rates per 100,000 population (95% Uncertainty Intervals)		
		Males			Females		
		1990	2019	Change %	1990	2019	Change %
Mental disorders							
Anxiety disorders	Prevalence	4,414.1 (3,185 ; 5,945.6)	4,709.2 (3,528.7 ; 6,167.7)	4.6 (0.3 ; 9.5)	8,419.4 (6,193.0 ; 11,235.3)	8,828.3 (6,666.5 ; 11,457.5)	2.9 (-1.8 ; 7.7)
	YLDs	435.7 (272.5 ; 648.6)	465.2 (302.9 ; 671.8)	4.7 (-1.4 ; 11)	816.9 (523.7 ; 1,197.8)	856.3 (568.9 ; 1,223.6)	2.8 (-2.7 ; 8.8)
ADHD	Prevalence	2,201.9 (1,597.6 ; 3,022.4)	2,286.4 (1,712.6 ; 3,097.4)	1.7 (-2.9 ; 7.1)	931.7 (680.9 ; 1,276.7)	983.4 (736.2 ; 1,313.3)	3.5 (-1.8 ; 9)
	YLDs	26.8 (14.8 ; 44.9)	27.8 (16 ; 45.3)	1.9 (-5.4 ; 9.9)	11.3 (6 ; 19.1)	11.9 (6.5 ; 19.5)	3.4 (-6.9 ; 13.6)
ASD	Prevalence	899.8 (789.5 ; 1,017.3)	934.5 (852.1 ; 1,020.1)	1.9 (0.7 ; 3.1)	203.5 (174.3 ; 236.2)	207.8 (185.6 ; 231.9)	0.2 (-1.4 ; 1.8)
	YLDs	138.7 (94.1 ; 192.9)	144 (101.7 ; 193.9)	1.8 (-3.2 ; 7)	31.1 (19.6 ; 45.6)	31.6 (20.8 ; 45.1)	0.1 (-10.7 ; 12.4)
Bipolar disorder	Prevalence	1,022.4 (771.6 ; 1,298.2)	1,065.7 (839.2 ; 1,308.7)	2.2 (-0.5 ; 5.3)	1,343.1 (1,014.1 ; 1,700.8)	1,401.4 (1,104.5 ; 1,711.5)	2.4 (-0.9 ; 5.6)
	YLDs	228.9 (129.1 ; 357.1)	238.9 (140.5 ; 359)	2.4 (-5 ; 9.7)	294.7 (167.9 ; 455.4)	307.0 (183.1 ; 460.8)	2.2 (-3.7 ; 8.7)
Conduct disorders	Prevalence	-	-		-	-	
	YLDs	-	-		-	-	
Depressive disorders	Prevalence	3,361.1 (2,673.1 ; 4,113.6)	3,212.7 (2,604.1 ; 3,905.8)	-6.4 (-11.9 ; -0.2)	5,536.7 (4,439.6 ; 6,744.3)	5,591.6 (4,440.1 ; 6,777)	-1.2 (-8.2 ; 6.1)
	YLDs	601.9 (395.6 ; 852)	569.2 (378.7 ; 798)	-7.5 (-14.1 ; 0.1)	1,011.3 (670.3 ; 1,430.3)	1,020.1 (676.2 ; 1,436.4)	-1.4 (-9.7 ; 6.8)
Eating disorders	Prevalence	366.2 (217.5 ; 542.2)	441.6 (272.7 ; 631.8)	18.3 (8.2 ; 29.3)	1,381.6 (951.7 ; 1,854.7)	1,659 (1,187.9 ; 2,160.4)	17.8 (10.6 ; 25.9)
	YLDs	78.8 (42 ; 130.4)	95.2 (53.1 ; 152.6)	18.4 (8.4 ; 29.6)	293.5 (175.1 ; 444.4)	352.4 (219.1 ; 520)	17.8 (10.8 ; 25.8)
	YLLs	0.3 (0.2 ; 0.6)	0.1 (0.0 ; 0.3)	-63.8 (-84.4 ; -19.7)	2.9 (2 ; 4.3)	4.5 (3 ; 6.6)	52 (8.5 ; 103)
IDID	Prevalence	661.3 (268.2 ; 1,019.3)	459.7 (139.9 ; 738.9)	-33.4 (-50.8 ; -25.4)	719.0 (395.3 ; 1,008.5)	533.1 (267.2 ; 749.8)	-27.9 (-37 ; -22.8)
	YLDs	29.9 (11.1 ; 51.7)	21.3 (6.4 ; 37.5)	-31.4 (-46.2 ; -23)	32.4 (15.6 ; 52.5)	24.6 (11.2 ; 39.4)	-26.1 (-35.4 ; -19)
Schizophrenia	Prevalence	221.8 (155.7 ; 301)	219.8 (159 ; 293.2)	-3.0 (-6.8 ; 0.7)	188.4 (129.6 ; 261.5)	188.1 (133.5 ; 255.8)	-2.1 (-5.3 ; 1.4)
	YLDs	148.3 (88.8 ; 222.6)	147.4 (91.1 ; 219.1)	-2.6 (-13.8 ; 8.3)	123.5 (71.3 ; 190.4)	123.6 (73.8 ; 184.8)	-1.7 (-13 ; 9.5)
Other mental	Prevalence	1,533.3	1,569.3	0.4	917.1	936.3	0.1

disorders		(1,039.5 ; 2,053.9)	(1,103.9 ; 2,033.6)	(0.0 ; 0.7)	(588.2 ; 1,272.9)	(623.7 ; 1,257.8)	(-0.3 ; 0.6)
	YLDs	118.6 (64 ; 186.4)	121.4 (69 ; 184.8)	0.5 (-7.2 ; 8.7)	69.8 (36.2 ; 111.4)	71.1 (38.7 ; 110.4)	0.0 (-9.7 ; 10.9)
Substance use disorders							
Alcohol use disorders	Prevalence	5,319.8 (3,592.7 ; 7,321.9)	4,947.3 (3,379.7 ; 6,723.3)	-9.1 (-16.9 ; -2.9)	2,273.7 (1,441.5 ; 3,275.6)	2,349.4 (1,522.4 ; 3,300.1)	1.2 (-3.7 ; 6.6)
	YLDs	546.6 (324.9 ; 853)	508.7 (308.5 ; 784.7)	-9.0 (-17.1 ; -1.8)	230.0 (30 ; 369.5)	237.2 (136.4 ; 375)	0.9 (-6.2 ; 8.3)
	YLLs	44.5 (37.8 ; 52)	33.1 (26.3 ; 40.8)	-27.0 (-38 ; -16.1)	7.0 (5.5 ; 8.7)	6.3 (5.1 ; 7.9)	-10.3 (-23.5 ; 3.9)
Drug use disorders	Prevalence	3,960.4 (3,252.3 ; 4,804.8)	4,306.3 (3,732.9 ; 4,965)	6.8 (0.2 ; 13.2)	2,239.5 (1,744.6 ; 2,815.4)	2,458.1 (1,843.5 ; 3,115.5)	7.9 (-0.4 ; 16.9)
	YLDs	521.9 (359.2 ; 702.4)	623.4 (445.1 ; 813.6)	17.2 (8.7 ; 26.8)	293.2 (194.1 ; 406.9)	394.8 (272.7 ; 531)	32.2 (18.5 ; 49.1)
	YLLs	269.2 (229.4 ; 314.3)	228.2 (184.3 ; 281.2)	-16.7 (-28.2 ; -2.3)	62.8 (54 ; 73.3)	59.8 (49.8 ; 71.7)	-6.5 (-17.6 ; 5.7)
Self-harm							
	Incidence	183.0 (138.4 ; 245.4)	140.2 (100.0 ; 199.1)	-40.8 (-44.4 ; -36.9)	174.2 (125.2 ; 241.6)	136.1 (89.8 ; 204.8)	-41.7 (-46.6 ; -37.2)
	YLDs	8.1 (5.6 ; 10.8)	5.7 (4 ; 7.4)	-31.1 (-34.7 ; -27.8)	8.3 (5.7 ; 11.3)	6.3 (4.5 ; 8.4)	-25.0 (-30.3 ; -19.5)
	YLLs	1,405.8 (1,339.4 ; 1,474.4)	937.9 (863.5 ; 1,019.3)	-34.6 (-39.5 ; -28.7)	358.8 (335.8 ; 383.9)	217.8 (198.6 ; 239.8)	-40.4 (-45.2 ; -35.7)

YLDs, years lived with a disability; YLLs Years of Life Lost; ADHD, Attention deficit/hyperactivity disorder; ASD Autism spectrum disorders; IDID Idiopathic developmental intellectual disability

Supplement Table 8: Ranking of Years Lived with Disability (YLDs) for the first 22 all-causes of diseases at level 2 in European Union, Iceland, Norway and Switzerland, year 2019, both sexes, age 10-24

Both sexes, 10-24 years, 2019, YLDs per 100,000																																
	Bulgaria	Croatia	Czechia	Hungary	Poland	Romania	Slovakia	Slovenia	Estonia	Latvia	Lithuania	Austria	Belgium	Cyprus	Denmark	Finland	France	Germany	Greece	Iceland	Ireland	Italy	Luxembourg	Netherlands	Malta	Norway	Portugal	Spain	Sweden	Switzerland	United Kingdom	
Mental disorders	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	
Neurological disorders	2	3	2	3	3	3	3	2	2	2	3	3	2	3	4	3	4	3	3	3	3	3	3	3	3	2	3	2	3	3	3	
Musculoskeletal disorders	3	2	3	2	2	2	2	4	3	3	2	2	3	2	2	2	2	2	2	2	2	2	2	2	2	4	2	3	2	2	2	
Unintentional inj	4	5	4	4	4	4	4	3	7	7	6	7	6	6	7	5	6	7	6	7	7	7	7	7	6	7	6	8	7	6	7	8
Other non-communicable	5	4	5	5	5	5	5	5	6	4	4	5	5	5	5	6	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	6
Skin diseases	6	6	6	6	6	6	6	6	5	5	5	4	4	4	3	4	3	4	4	4	4	4	4	4	4	4	3	4	4	4	4	4
Substance use	7	7	7	7	7	9	7	7	4	6	7	6	7	7	6	7	7	6	7	6	6	6	6	6	7	6	7	6	6	7	6	5
Maternal & neonatal	8	8	8	8	10	7	9	8	9	8	9	9	9	9	9	9	9	9	9	9	9	9	10	9	9	9	9	9	10	10	9	10
Enteric infections	9	10	9	9	12	8	8	10	8	9	8	17	14	13	14	17	17	15	16	14	17	18	14	17	18	17	17	17	15	16	17	17
Chronic respiratory	10	9	10	10	8	10	11	9	11	10	11	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	7	8	8	8	7	
Sense organ diseases	11	12	11	11	9	11	10	11	10	11	10	10	10	10	10	10	10	10	10	10	10	10	9	10	10	10	10	10	9	11	10	9
Nutritional deficiencies	12	15	15	15	11	12	14	15	15	14	15	13	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	11	11
Transport injuries	13	11	12	14	13	15	12	12	14	15	14	16	17	17	17	16	14	17	15	17	16	15	18	16	16	18	18	16	18	16	18	18
Respiratory infections & TB	14	14	13	13	14	13	15	13	12	12	12	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	9	11	12
Digestive diseases	15	13	14	12	15	14	13	14	13	13	13	12	13	14	13	13	13	13	13	13	13	13	13	13	14	13	13	14	13	14	13	13
Cardiovascular diseases	16	17	16	16	16	16	16	16	17	18	16	18	18	18	18	18	18	18	18	18	18	18	16	16	18	17	15	16	18	13	18	16
Diabetes & CKD	17	16	18	17	17	18	17	18	16	16	18	15	15	15	15	14	16	14	14	14	15	14	14	15	13	14	14	13	14	17	14	14
Self-harm & violence	18	18	17	18	18	17	18	17	18	17	17	14	16	16	16	15	15	16	17	16	15	17	17	15	15	16	15	17	15	15	15	15
Other infectious	19	19	19	19	19	19	19	19	19	19	19	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20
Neoplasms	20	20	20	20	20	20	20	20	20	20	20	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19	19
NTDs & malaria	21	21	21	21	21	21	21	21	22	22	21	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	21	22	22	22	22
HIV/AIDS & STIs	22	22	22	22	22	22	22	22	21	21	22	21	21	21	21	21	21	21	21	21	21	21	21	21	21	21	21	22	21	21	21	21

Supplement Table 9: Ranking of Years Lived with Disability (YLDs) for the first 25 all-causes of diseases at level 3 in European Union, Iceland, Norway and Switzerland, year 2019, both sexes, age 10-24

Both sexes, 10-24 years, 2019, YLDs per 100,000

	Bulgaria	Croatia	Czechia	Hungary	Poland	Romania	Slovakia	Slovenia	Estonia	Latvia	Lithuania	Austria	Belgium	Cyprus	Denmark	Finland	France	Germany	Greece	Iceland	Ireland	Italy	Luxembourg	Netherlands	Malta	Norway	Portugal	Spain	Sweden	Switzerland	United Kingdom
Low back pain	1	1	1	1	1	1	1	2	3	2	1	3	3	3	1	3	3	2	4	3	4	3	3	3	4	4	4	4	4	2	3
Headache disorders	2	2	2	2	2	2	2	1	1	1	2	2	1	2	2	2	2	1	2	1	2	1	1	1	2	1	2	2	1	3	1
Anxiety disorders	3	3	3	3	3	3	3	4	5	3	3	1	2	1	3	4	1	3	3	2	1	2	2	2	1	2	1	3	3	1	4
Depressive disorders	4	4	4	4	4	4	4	3	4	4	4	4	4	4	4	1	4	4	1	4	3	4	4	4	3	3	3	1	2	4	2
Falls	5	5	5	5	7	5	5	5	11	10	10	8	7	8	7	5	9	8	8	9	10	10	9	6	14	10	17	9	9	6	13
Conduct disorder	6	7	6	8	5	6	6	7	7	6	7	12	9	9	12	10	10	9	7	10	11	7	10	10	9	9	9	8	7	11	11
Mechanical forces	7	15	8	9	9	9	9	6	14	14	14	26	26	26	26	25	26	26	27	26	28	30	27	26	27	26	30	30	25	28	
Neonatal disorders	8	6	7	7	11	8	11	8	10	7	9	17	16	15	18	17	19	13	12	17	17	15	16	14	15	16	16	17	18	17	15
Diarrheal diseases	9	11	11	6	14	7	7	13	9	9	8	34	30	32	31	36	37	33	32	31	35	38	32	37	36	35	35	34	32	34	35
Gynecological diseases	10	8	10	10	6	10	8	9	8	8	6	5	6	6	6	7	6	6	6	8	9	6	7	5	6	7	7	7	10	7	8
Endo/metab/blood/immune	11	9	12	12	22	11	10	10	17	16	12	15	18	25	17	26	18	19	18	19	18	16	24	22	18	14	23	18	16	26	17
Drug use disorders	12	10	9	11	10	26	12	11	2	5	5	6	8	14	9	8	11	7	15	7	7	14	6	9	8	8	14	5	12	8	5
Asthma	13	13	16	15	8	12	17	12	18	12	15	10	12	7	13	11	7	15	10	6	6	11	8	8	7	6	6	12	5	9	6
Acne vulgaris	14	17	14	16	18	15	14	14	12	11	11	7	5	5	5	6	5	5	5	5	5	5	5	7	5	5	5	6	6	5	7
Alcohol use disorders	15	14	13	14	13	13	15	20	15	18	9	11	11	14	12	13	12	13	14	8	17	13	12	16	17	8	14	15	10	12	
Idiopathic epilepsy	16	20	18	18	21	16	15	21	15	19	21	24	20	23	24	23	20	17	25	24	22	27	19	25	23	18	25	26	26	25	21
Age-related hearing loss	17	16	17	17	12	17	16	18	13	13	13	29	28	29	32	32	28	30	26	29	29	26	31	29	29	27	26	29	27	31	20
Dietary iron deficiency	18	30	24	23	16	18	22	26	30	28	25	48	51	50	42	48	52	38	46	53	48	51	47	43	52	47	44	38	50	46	42
Road injuries	19	12	15	21	17	20	19	16	22	22	19	37	34	35	35	33	34	37	33	37	38	32	34	35	34	40	41	37	40	32	43
Dermatitis	20	21	19	13	20	21	20	19	6	20	17	18	14	16	11	15	8	16	17	12	13	9	17	16	13	11	13	15	14	16	14
Oral disorders	21	19	21	20	23	19	21	20	19	18	20	22	21	21	19	22	23	21	23	20	24	24	23	21	22	20	24	24	22	20	25
Bipolar disorder	22	18	20	19	19	14	18	17	16	17	16	11	10	10	10	13	12	14	11	11	16	13	12	11	10	12	10	11	11	12	10
Congenital defects	23	25	25	26	25	22	26	25	24	23	23	25	25	24	23	24	25	25	24	25	25	22	21	24	26	23	21	25	24	24	23
Other unintentional	24	26	22	24	24	25	25	22	23	26	26	31	29	31	29	27	27	29	30	30	27	33	28	30	30	38	31	33	37	30	29
Upper respiratory infect	25	23	23	25	26	23	24	23	21	21	22	21	23	20	22	21	21	23	20	22	21	20	22	20	21	19	20	23	19	21	22

Supplement Table 10: Ranking of Years of Life Lost (YLLs) for the first 25 all-causes of diseases at level 3 in European Union, Iceland, Norway and Switzerland, year 2019, both sexes, age 10-24

Both sexes, 10-24 years, 2019, YLLs per 100,000

	Bulgaria	Croatia	Czechia	Hungary	Poland	Romania	Slovakia	Slovenia	Estonia	Latvia	Lithuania	Austria	Belgium	Cyprus	Denmark	Finland	France	Germany	Greece	Iceland	Ireland	Luxembourg	Malta	Netherlands	Norway	Portugal	Spain	Sweden	Switzerland	United Kingdom	
Road injuries	1	1	1	1	1	1	1	1	3	1	2	2	1	1	1	2	1	1	1	2	2	1	1	1	2	2	1	1	2	2	1
Self-harm	2	2	2	2	2	2	2	2	1	2	1	1	2	3	2	1	2	2	2	1	1	2	2	2	1	1	2	2	1	2	
Drowning	3	4	6	4	3	4	3	13	4	3	3	14	14	7	14	9	10	14	6	12	9	8	18	12	16	11	12	11	10	12	16
Lower respiratory infect	4	19	8	12	8	3	4	18	14	13	11	24	18	22	19	25	22	17	11	13	18	19	20	14	15	25	9	17	23	19	13
Falls	5	13	9	19	5	8	5	7	8	8	7	7	10	8	15	12	5	12	10	10	12	9	7	10	13	13	8	8	13	6	11
Leukemia	6	8	7	5	9	6	9	5	6	7	8	8	6	5	7	8	4	7	5	8	8	3	4	7	5	8	3	3	8	7	8
Interpersonal violence	7	11	13	11	11	12	7	12	5	4	5	11	5	6	8	6	11	10	9	11	10	10	8	8	8	12	5	12	4	11	12
Congenital defects	8	5	10	3	7	11	10	4	7	5	6	4	8	11	6	4	6	5	4	7	4	5	11	6	4	5	7	5	5	4	5
Brain cancer	9	6	5	7	6	7	11	8	11	10	10	9	7	10	5	7	7	6	7	5	7	6	6	9	6	4	6	7	7	8	7
Other malignant neoplasms	10	3	4	6	4	5	6	6	9	6	9	6	3	4	4	5	3	3	8	6	6	4	5	4	3	6	4	4	6	5	4
Stroke	11	17	23	16	16	17	17	17	27	25	25	19	15	18	22	19	15	15	12	18	19	15	16	16	14	26	22	16	20	21	18
Chronic kidney disease	12	25	28	22	27	24	27	42	29	21	29	26	40	28	25	35	49	30	27	39	33	32	28	23	35	32	21	27	42	33	37
Idiopathic epilepsy	13	9	12	10	13	10	12	16	12	16	13	12	12	16	10	13	13	8	19	14	11	16	9	19	9	9	15	15	9	14	9
Ischemic heart disease	14	18	27	23	28	22	23	35	30	31	26	23	22	14	48	32	25	19	13	17	34	18	22	17	26	35	29	19	34	22	31
Drug use disorders	15	7	11	13	18	31	21	3	2	9	4	3	4	9	3	3	12	4	3	3	3	11	3	3	11	3	18	10	3	3	3
Other unintentional	16	26	18	18	17	13	15	24	25	18	16	25	24	24	46	48	18	27	25	23	44	22	14	20	53	45	19	23	26	47	43
Mechanical forces	17	14	17	21	21	20	13	14	18	15	19	15	19	17	16	20	17	22	15	19	15	17	17	13	18	17	20	21	16	15	25
Cirrhosis	18	31	24	25	23	14	20	26	21	26	24	33	33	33	39	27	36	26	32	54	29	27	26	39	40	41	25	25	33	39	23
Other transport inj	19	10	3	8	10	9	8	10	19	14	14	10	11	2	13	10	9	11	14	4	16	14	15	5	17	7	10	6	14	9	20
Lymphoma	20	15	19	17	19	15	18	15	16	17	18	16	17	19	11	15	16	18	17	16	13	13	12	15	12	18	13	14	17	16	19
Other cardiovascular	21	38	29	28	33	41	30	28	31	43	36	27	25	21	31	24	23	21	28	26	28	23	23	27	21	34	31	22	25	27	21
Cardiomyopathy	22	20	20	15	22	21	19	25	26	12	20	21	26	15	20	16	21	16	23	27	20	24	24	21	20	20	32	20	12	18	14
Other neurological	23	12	16	14	12	23	16	9	17	24	21	13	13	12	12	17	14	13	20	9	14	12	13	11	10	14	17	13	11	13	10
Encephalitis	24	42	39	44	29	27	43	34	40	29	32	41	30	49	47	28	35	39	40	42	47	25	33	31	39	46	33	28	51	35	39
Foreign body	25	22	15	20	14	18	14	20	15	23	15	18	16	20	21	23	20	20	24	25	17	26	19	25	25	23	16	18	29	17	15