Light and dark grey boxes represent 70% and 30% of data collected during the evaluation of each group in the 4 time windows (before treatment, after treatment, 1-month follow-up, and 3-months follow-up). Red and light-blue transparent bands indicate how the data were put together for the learning phase (in red) and the following testing phase. Panel A represent the method used in the 1st LDA, testing for between groups differences. Panel B represent the method used in the 2nd LDA, testing for within subject differences.